

NOVA SCOTIA BUDGET
And what it means
for you
metroNEWS

101.3
THE BOUNCE

Win a trip to see
BIEBER
in Montreal

LISTEN ALL THIS WEEK TO QUALIFY
Canadian residents only. 1700 hours or later.

Halifax metro

ZIKA IN CANADA



metroNEWS

Your essential daily news | WEDNESDAY, APRIL 20, 2016

High 9°C/Low 1°C Mostly sunny

**'PUT THE
GUNS DOWN.
ENOUGH IS
ENOUGH.'**

Halifax man delivering his message
following Tyler Richards homicide
metroNEWS



Quentrel Provo, founder of
Stop the Violence, is speaking out after
friend Tyler Richards was killed on Sunday.
JEFF HARPER/METRO



VETERINARY HOSPITAL ASSISTANT

If you love animals, train to become a Veterinary Hospital Assistant. Get practical, hands-on training with live animals and graduate in just 9 months!

**APPLY
NOW**
to start in
June

daVinci
COLLEGE

davincicollege.org

1.866.429.1847
1577 Barrington St.
HALIFAX





NOVA SCOTIA BUDGET 2016

Liberals balance books

ECONOMY

Projections a 'surplus of words': NDP

While severe cost-cutting measures aimed at reducing bloated deficits have dominated budgets in Atlantic Canada and elsewhere in the country, Nova Scotia's 2016-17 budget tabled Tuesday featured what's become a rarity — a razor-thin surplus of \$17.1 million.

The province's Liberal government was largely able to pull it off by holding the line on departmental spending while reaping the benefit of a \$234 million increase in tax revenue collected mostly through personal income taxes, a 2.6 per cent jump in revenue over last year.

In a budget with \$10.1 billion in spending, the new surplus figure is an improvement on the \$241.2 million deficit forecast in December.

Finance Minister Randy Delorey highlighted the budgetary good fortune, but cautioned things could change quickly

because the province is "not immune" to global economic slowdowns and shocks.

"We know economic ups and downs will continue," Delorey said in his address to the legislature. "We also know we are not powerless. We can grow our surplus so we can become a source of stability in this region."

Progressive Conservative Leader Jamie Baillie scoffed at the surplus, calling it "bogus" and the product of rosy projections for tax revenue.

"It's like money is going to rain down into the pockets of Nova Scotians in the coming year and they can tax it," said Baillie. "This budget is going to fall apart the moment ... it hits the real world."

Baillie said he doubts the surplus will grow given that employment has decreased over the last three years and added an opportunity was missed to lower the tax burden for Nova Scotians.

NDP Leader Gary Burrill called the budget a "surplus of words."

In particular, Burrill was critical of the lack of help for post-secondary students and said the government should have moved as New Brunswick did last week to provide more up-front assistance.

When asked why there had been such a significant swing from deficit projections in December, when Delorey blamed softened government revenues on a drop in tax revenue and offshore royalties, the minister said it was because of a combination of things including more tax information from Ottawa.



Nova Scotia Finance Minister Randy Delorey prepares to brief reporters before he releases his budget at the legislature in Halifax on Tuesday. ANDREW VAUGHAN/THE CANADIAN PRESS

"Revenue did soften within departments," he said. "What you will also see though is that through the decisions we made and good management we have reduced our expenses more than the revenue has softened, which has enabled us to improve our position."

The budget promises include modest amounts for a series of spending initiatives, many of which were previously announced, while continuing promised multi-year spending in education. THE CANADIAN PRESS



This budget is a testament of this government's contempt for students.

Michaela Sam, Canadian Federation of Students



This is accounting tricks that are put in place to try to convince taxpayers that the books are better than they actually are.

Kevin Lacey, Canadian Taxpayers Federation



There should've been movement much earlier in developing a new hospital.

Ian Johnson, Nova Scotia Health Coalition



We were disappointed that we didn't see any tax relief for small businesses.

Nick Langley, Canadian Federation of Independent Business

\$4.1B

Health spending tops out at \$4.1 billion, taking up 40 per cent of the overall budget. It includes \$14.4 million for home care, including home support and nursing.

+ CHILD-CARE SYSTEM GETS \$6.6M

There is \$6.6 million in the budget to improve a child-care system which a recent report said employs the lowest paid early childhood educators in Canada.

The government says the money would be used to improve wages and subsidies to parents, although the amount of

the increases won't be released until Education Minister Karen Casey gives her official response to her department's report within the next week.

Delorey didn't reveal any details either, but did say the funding would push pay for daycare workers "closer to the national average." THE CANADIAN PRESS

Borrow up to \$5,000.*

For life's little big things.

We can help.

Money Mart

*Installment loans offered in select provinces only. See moneymart.ca for details. Loan principal amounts vary between \$1,000 and \$5,000 based upon income and other qualification requirements, including a credit check. Loan terms available depend on amount borrowed. See store associate for details. Loans have terms of 12 to 36 months with payments due on scheduled income deposits during the term. The APR for the loans is 59.9%. MONEY MART is a registered service mark of National Money Mart Company. © 2016 National Money Mart Company. All Rights Reserved.

NOVA SCOTIA BUDGET 2016

5

THINGS YOU SHOULD KNOW ABOUT THE SPRING BUDGET

Plans for Halifax hospitals, no new federal infrastructure funding, a tax credit and rising cigarette taxes are some key highlights.



1 Victoria General's future

The provincial health department says a renovation plan for the aging Victoria General hospital is coming soon, and the government says Tuesday's budget will free up the money to do it. The plan is to put \$110.3 million from Halifax and the federal government meant for the Nova Centre towards the provincial debt, which it says will "provide the fiscal capacity" to launch a redevelopment of the QEII Health Sciences Centre. The government is also putting \$3.7 million towards the ongoing design and renovation of the Dartmouth General, which will add beds to the Dartmouth hospital, freeing up the VG. After the budget came down on Tuesday, the government announced a press conference for Thursday morning "on the QEII Health Sciences Centre redevelopment and health services."



3 Cigarette prices to rise

The cost of a pack of cigarettes is on the rise. As part of the budget, the tax on smokes rises at midnight Tuesday by two cents to 27.52 cents per cigarette — a hike of 50 cents for a 25-pack. Tobacco taxes are the only taxes going up in the province this year, and the hike will bring in an estimated \$15.8 million in revenue this year. The tax on cigars is also rising from 56 per cent to 60 per cent of the retail price. That accounts for about \$300,000 of the estimated additional tax revenue.



2 Food bank tax credit

A tax credit announced as part of the budget on Tuesday will give farmers an incentive to donate fresh produce to food banks across the province. The Food Bank Tax Credit for Farmers gives farmers the chance to claim a 25 per cent tax credit on any agricultural products donated to a food bank in Nova Scotia. The 25 per cent figure is based on Statistics Canada's fair market valuation for food products, and is contingent on Feed Nova Scotia's approval of the produce. The credit is estimated to cost the government about \$300,000 this year.



4 Infrastructure funding from Ottawa

While Tuesday's budget includes \$12.7 million from an old federal infrastructure fund, the province's finance department isn't counting on any of the new infrastructure funding promised by the federal Liberal government for this year. Justin Trudeau's Liberal government promised money for three streams of infrastructure funding in its budget for the coming year: social, water and wastewater, and public transportation. It's unclear which level of government — provincial or municipal — will be the recipient of the water and wastewater money, and the kind of social infrastructure funding coming is still unknown. But based on ridership numbers across the country, Nova Scotia is due to receive about \$30 million for public transportation infrastructure.



5 Education

The province's minister of finance says his government is giving students what they need most: a job when they're done school. Tuesday's budget included an increase of \$1.6 million to the province's Graduate to Opportunity program, doubling its funding to \$3.2 million — enough to hire 229 recent graduates in the province. Finance minister Randy Delorey told reporters before his budget address that jobs are the best thing the province can provide for its students. Two dozen students disagreed, as demonstrators protested high tuition rates and the government's budget outside Province House.



Visit Saltscapes Expo to eat, drink and buy local
(and be merry if you wish!)

Join us 6:15pm-9pm April 22 for our Friday Cheesy Date Night.

We're doing an ultimate Cheesy Date Night paired with locally-produced adult beverages with Chef Alexandre Gauthier, Chef Anthony Hedges and Chef Dale Nichols demonstrating:

- Maple Smoked Salmon, Apple & Fennel Slaw, Dragon's Breath Mousse
- Welsh Rarebit featuring Knoryd Farm & other local cheeses
- Cheesy Date Night Sliders with Blue Harbour Cheese Pear Relish

Don't miss out—consumer samples included.

Plus East Coast tunes, the Taste of Nova Scotia Lobster Cook-Off, 2016 Canada East Coast Staycations, home décor, gift ideas, gardening tips and much more!



Avoid lineups! Purchase advance #SSX 2016 tickets online for a chance to win a 2016 Maritime-wide driving vacation.

SAVE! SAVE! SAVE!

Save
\$3.00

per couple or \$1.50 off
each 2016 Expo ticket!

This coupon entitles YOU to save \$1.50 off EACH ticket purchased at the door. This coupon must be presented at the door to receive the discount (one coupon/couple; cannot be combined with any other offer).

April 22, 23 and 24, 2016
Halifax Exhibition Centre

To purchase advance discounted tickets, visit saltscapes.com/expo or call 902-464-7258



EDUCATION

It's official: Tuition hiked at Dalhousie

The Dalhousie University board of governors voted Tuesday to raise tuition fees, including a general increase of three per cent and additional increases in the engineering, pharmacy and agriculture faculties.

About 40 students who filed into the board meeting made their opinions about the proposed changes clear, with signs, pins, and papier mâché ball and chains with "student debt" written on them.

The board changed rooms and had the rest of the meeting in private because of the students, who were shaking boxes of mac and cheese and yelling "reject the reset," but students continued to chant and bang on the walls even after they found out the board had voted in favour of the increases.

Dalhousie Student Union vice president academic and external John Hutton said steep tuition fees are already a crisis for students and it's

+ TIMING

The general tuition fee increase will be in place beginning with the school year in September, and the engineering, pharmacy and agriculture fee increases will take place over three years.

only going to get worse if they don't stop it.

"It's unfortunate they've chosen to totally ignore students but it's important to stay here and make our voice heard. We're not going to quit after this either," said Hutton.

He said they'll continue to protest because the board still has time to reverse the decision.

"They can correct this mistake. They just need to understand it's not just numbers on a budget sheet, these are actual students' lives being affected." SARAH RAE/FOR METRO

Public to get look at Shannon Park plan

Canada Lands will be holding a public presentation on the preferred development concept for Shannon Park Lands on Wednesday evening.

Canada Lands had been collecting input from the community since spring of 2015. That input contributed to the creation of a development concept, which it will present.

Canada Lands hopes the public will share its vision for the creation of a new and vibrant addition to the urban core.

The presentation, followed by informal conversation, will take place at Shannon Park School gym in Dartmouth from 7 p.m. until 8:30 p.m.

METRO

Benoit not only one in illegal pet sales: SPCA

PETS

Latest charges against animal abuser brings issue to fore



Sarah Rae
For Metro | Halifax

With convicted animal abuser Gail Benoit facing new charges, an officer with the SPCA in Nova Scotia said the woman is far from the only person in the province selling pets without veterinary health certificates.

Const. Joanne Landsburg of the SPCA said they've already seen significant numbers this year, and it's especially an issue now because it's puppy and kitten season.

She said since the legislation banning the sale of animals without health certificates came into place in December 2014, enough time has passed that people should be aware of the rules by now, but they're still seeing people skirting the regulations.

The law requiring a veterinary certificate of health forces people like Benoit to "do the right thing" and take animals to the vet and get them checked out, said Landsburg.

"Really what they're doing is profiting from these sales over and over again and they're not giving any con-



Gail Benoit enters Dartmouth provincial court on Monday. JEFF HARPER/METRO

sideration to the animals that they're selling," she said.

Benoit appeared in Dartmouth provincial court on Tuesday to face charges of selling cats without a veterinary certificate of health and refusing to provide information required by an Inspector or Peace Officer in the exercise of their powers or performance of duties.

Benoit was convicted of ani-

+ NEW DATE

The case against Gail Benoit has been put over to June 29 so she can consult with her lawyer.

mal cruelty in January 2009 for selling sick puppies. She was first banned from selling dogs, then that ban was extended to

buying, selling or giving away any animal, but that ban has since ended.

She was then sentenced to 15 months probation in June 2014 for stealing two dogs from a woman in New Brunswick and selling them. She was banned from buying or selling domestic or wild animals, but that ban had also expired when she was charged in March.

Complete a 2 year IT Specialist Diploma in just 60 weeks.



Technical training includes
Server Configuration, WAN
Connectivity and Implementation,
Securing Intranets, Routing Theory,
LAN Administration,
& more.

Apply now to
start in September

successcollege.ca 902.865.8283



May 2, 2016
Westin Nova Scotian

cancer.ca/cookingforcancer
Tickets
Available Now



Chefs
Kellie and Dennis Campbell

Check again tomorrow to meet another chef!

THE UNDISPUTED CHAMPION OF TRUCKS.

ONLY AT FORD.

F-SERIESTM
BEST-SELLING IN CANADA FOR
50 YEARS



LEASE THE 2016
F-150 XLT SUPERCREW 4X4 5.0L
WITH TRAILER TOW PACKAGE INCLUDED

\$199 | **0.99%** | **36** | **\$2,895**
EVERY 2 WEEKS | APR* | MONTHS | DOWN

- MILITARY GRADE ALUMINUM ALLOY BODY AND BED*
- BEST-IN-CLASS MAXIMUM PAYLOAD*

★★★★★
5-STAR**
OVERALL VEHICLE
SCORE FOR SAFETY

ELIGIBLE COSTCO MEMBERS RECEIVE **\$1,000** TOWARDS MOST NEW 2015/16 VEHICLES*



FOR **UNDISPUTED VALUE**, VISIT **FINDYOURFORD.CA** OR DROP BY YOUR LOCAL ATLANTIC FORD STORE TODAY.

GET THE FOCUS MOST SHOPPERS BUY. THE ONE WITH ALL OF THIS:

- 2.0L Engine
- 160 Horsepower
- Automatic Transmission
- SYNC[®] Enhanced Voice Recognition†
- Rear View Camera‡
- 16" Aluminum Wheels
- Air Conditioning

LEASE THE 2016
FOCUS SE

\$98 | **0.79%** | **60** | **\$1,645**
EVERY 2 WEEKS | APR* | MONTHS | DOWN

OFFER INCLUDES \$1,700 IN FREIGHT AND AIR TAX



IT'S **EASY** TO
GET INTO A **FORD**

Shop now at findyourford.ca or drop by your local Atlantic Ford Store.



Oh hey, you're looking for the legal, right? Take a look, here it is: Vehicle(s) may be shown with optional equipment. Dealer may sell or lease for less. Limited time offers. Offers only valid at participating dealers. Retail offers may be cancelled or changed at any time without notice. See your Ford Dealer for complete details or call the Ford Customer Relationship Centre at 1-800-565-3673. For factory orders, a customer may either take advantage of eligible manufacturer Ford retail customer promotional incentives/offers available at the time of vehicle factory order or time of vehicle delivery, but not both or combinations thereof. Retail offers not combinable with any CPA/GPC or Daily Rental Incentives, the Commercial Fleet Incentive Program (CFIP), "Until May 2, 2016, lease a new 2016 F-150 SuperCrew 4x4 XLT 5.0L V8 302A with 53A Trailer Tow Package/2016 Focus SE Auto for up to 36/60 months and get 0.99%/0.79% APR on approved credit (OMC) from Ford Credit Canada Limited. Not all buyers will qualify for the lowest APR payment. Lease 2016 F-150 SuperCrew 4x4 XLT 5.0L V8 302A with 53A Trailer Tow Package/2016 Focus SE Auto with a value of \$38,406/\$30,186 (after \$2,895/\$1,645 down payment or equivalent trade-in and Manufacturer Rebates of \$3,750/\$0 deducted and including freight and air tax charges of \$1,800/\$1,700) at 0.99%/0.79% APR for up to 36/60 months with an optional buyout of \$23,801/\$21,216, monthly payments of \$431/\$212 (the sum of twelve (12) monthly payments divided by 26 periods gives you a bi-weekly payment of \$158.92/\$77.64), total lease of \$18,411/\$14,365, interest cost of \$18/\$223 or 0.99%/0.79% APR. Taxes payable on full amount of purchase price after Manufacturer Rebates have been deducted. Additional payments required for PPST, registration, security deposit, NSF fees (when applicable), excess wear and tear, and late fees. Lease offer excludes options, destination (if applicable), license, fuel fill charge, insurance, dealer PDI, PPST (if financed or leased), administration fees and any other applicable environmental charges/fees and taxes. Some conditions and mileage restriction of 60,000km/80,000km for 36/60 months applies. Excess Mileage charges are 16¢ per km, plus applicable taxes. Excess Mileage charges subject to change see your local dealer for details. All prices are based on Manufacturer's Suggested Retail Price. *Offer only valid from March 1, 2016 to May 2, 2016 (the "Offer Period"). †Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA's) New Car Assessment Program (www.SaferCar.gov). **F-Series is the best-selling line of pickup trucks in Canada for 50 years in a row based on Canadian Vehicle Manufacturers' Association statistical sales report up to 2015 year end. ‡Some mobile phones and some digital media players may not be fully compatible. Driving while distracted can result in loss of vehicle control. Only use SYNC/MyFord Touch/other devices, even with voice commands, when it is safe to do so. SYNC with MyFord Touch voice recognition and screens available in English, French and Spanish. Some features may be locked out while the vehicle is in motion. †Driver-assist features are supplemental and do not replace the driver's attention, judgment and need to control the vehicle. ©2016 SiriusXM Canada Inc. "SiriusXM", the SiriusXM logo, channel names and logos are trademarks of SiriusXM Radio Inc. and are used under license. ©2016 Ford Motor Company of Canada, Limited. All rights reserved.



Available in most new Ford vehicles with 6-month pre-paid subscription

Getting the message out

CAMPAIGN

Friend of Tyler Richards calls for more action against violence



Haley Ryan
Metro | Halifax

Quentrel Provo says it's hard to believe his friend Tyler Richards is gone, but he hopes to channel the pain into ending violence in Halifax because "enough is enough."

Provo, creator of the Stop the Violence campaign, said he heard about Richards' death on Sunday night after it was announced a man had been shot and killed in a Halifax home.

"The impact of Tyler's death really rang hard with a lot of people," Provo said Tuesday, adding he noticed a lot of social media comments about the homicide.

"A couple (people) that these young men look up to ... saying like, 'Young boys, put the guns down. Enough is enough,'" Provo said.

One person posted that he also used to "want to be in the street, get the fast cash" when younger, but now he's older and knows it's not the life anyone should be living.

"Tyler's death, yeah I felt it," Provo said.



Tyler Richards during a practice session with the Halifax Rainmen in 2013. JEFF HARPER/METRO FILE

"At same time, I have to use that as motivation for me to get the message out to stop another young man or another young girl from dying."

Provo said he had known Richards for years, and remembers how the Mulgrave Park athlete excelled in basketball at St. Pat's High School before going on to play for St. Francis Xavier University and the Halifax Rainmen.

He last saw Richards just two

weeks ago when walking in Spryfield at night, Provo said, when a car pulled up beside him and Richards offered to give him a lift wherever he needed to go.

"Tyler was a great, great person, one of the nicest and kindest people you'd meet, and lot of kids looked up to him," Provo said. "He had a positive impact on a lot of lives."

Provo said he knew he needed to do something in Richards' memory, and designed a T-shirt on Monday with the St. FX "X" logo, and his number on the back with a halo and the campaign slogan "Not just a brand. It's a stand against violence."

"Where he grew to stardom was at X.... On the court

you know you couldn't stop that Tyler Richards' jumper," Provo said.

The proceeds from the \$25 shirts after costs, about \$15 per shirt, will be going to Richards' family and especially his daughter, Provo said, and the first 100 ordered have already been claimed by people across Canada.

Violence affects everyone in a city regardless of race, age

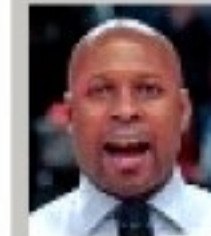
+ HURRICANES

He 'brought his game,' team statement says

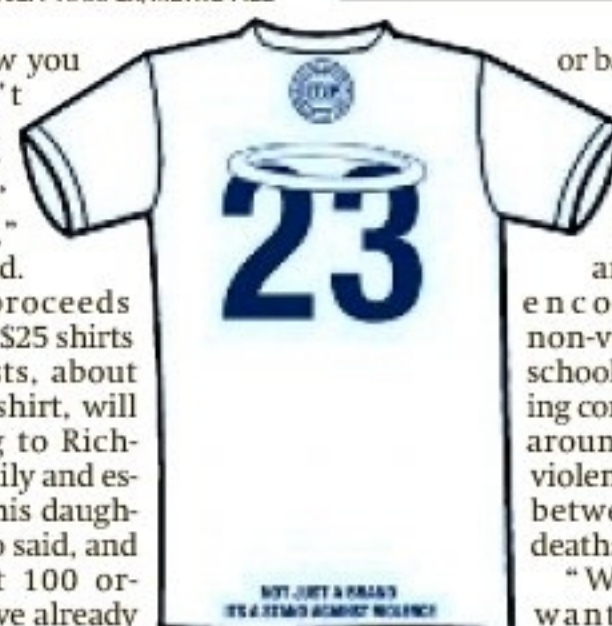
The Halifax Hurricanes have issued condolences to the family and friends of Tyler Richards.

"Tyler was a good ball player who brought his game to the court every chance he got," former Rainmen CEO Andre Livingston, now the Hurricanes general manager, said in a statement on Tuesday morning.

"Our thoughts and prayers are with his family and friends at this very difficult time."



Livingston
METRO FILE



or background,

Provo said, which is why it's so important to keep encouraging non-violence in schools and having conversations around curbing violent crime in between tragic deaths.

"We don't want to talk about it until it hits home, but that's when it's too late and that's the sad part about it," Provo said.

Police say homicide was not random



Nicole Gnazdowsky
For Metro | Halifax

Police say they are not considering the homicide of Tyler Richards to be a random act.

Halifax Regional Police Const. Diane Woodworth also said Tuesday they are not ruling out the killing may be connected to other recent homicides in the city, more specifically, after 20-year-old Joseph Cameron was found shot dead in Dartmouth on March 29.

"There is nothing to definitely connect, but this is something our investigators are looking into," Woodworth said in an interview.

Officers were called to a home in the 6900 block of Cook Avenue in Halifax around 8 p.m. Sunday where they found a man in his late 20s dead.

Police confirmed late Monday, that the body inside was that of 29-year-old Richards, a former member of the Halifax Rainmen and a former basketball standout with the St. Francis Xavier X-Men.

The death was treated as suspicious at the scene but following an autopsy preformed by the Medical Examiner's Office it was ruled a homicide.

Police aren't releasing the cause of death but sources have told Metro Richards was shot.

Richards had been in trouble with the law in recent years. He had most recently been charged in late March after police say a large amount of cocaine was seized during a traffic stop on Walter Havill Drive in Halifax.

“If you're not talking about it, the violence isn't silenced. By not talking about it, no one hears.”
Quentrel Provo

RECEIVE A
**MINIMUM \$2500
GUARANTEED**
TRADE ON YOUR OLD VEHICLE
WHEN YOU TRADE IN FOR
A 2016 COROLLA.

2016 COROLLA Lease from **\$63 BI-WEEKLY** \$0 down



O'REGAN'S
DRIVING HIGHER STANDARDS

**TOYOTA
DARTMOUTH
HALIFAX**

60 Baker Dr, Unit A
3575 Kempt Rd

902-464-9550
902-453-2331

See dealership for details. Lease payment is pre-tax, Etch/Road Hazard. See your O'Regan's Toyota dealership for more details on minimum trade in.



A hero, minus the cape

HEIMLICH MANOEUVRE

Nova Scotia man saves boy choking at grocery store

What began as a regular family trip to the grocery store could have taken a tragic turn if not for the quick actions of Nova Scotia man.

Last Thursday, Kerri Manuel of Sydney picked up her three-year-old son from day care and made a pit stop at the Sydney River Superstore where she planned to pick up a few staples. As is often the case, she handed Josh a packet of raisins as a snack while they shopped.

"We had almost finished our grocery order ... and one got stuck in his throat," Manuel recalled.

She noted she actually knows first aid herself but, when confronted with a situation where her own little boy needed the emergency assistance, she froze.

"I asked Josh, 'Can you talk?' and he couldn't talk, and I said, 'Does anyone here know CPR?'"



Sherman Cremo and his girlfriend Rolanda Dennis were reunited with Josh MacDonald Monday, just a few days after the Eskasoni man came to the three-year-old's rescue as he choked on a raisin while on a family grocery shopping trip to the Sydney River Superstore. TC MEDIA

Manuel said, fighting back tears.

"I just saw her patting him on his back and trying to make him talk but he wasn't talking and when I saw the boy point at his neck, I knew right then and there, he was choking," Sherman Cremo said, picking up the story.

"I put him upside down and

"We talk about you every night. He'll never forget you."

Kerri Manuel to Sherman Cremo

I did the Heimlich manoeuvre, and I did that three times until his breath came back and I knew that he was alright and out popped the raisin."

The 25-year-old Eskasoni resident is well-trained in first aid, including CPR and the Heimlich manoeuvre, as he graduated

from firefighting school and is a member of his community's fire department. He also plans to one day to go on to become a paramedic.

"I want to help people, I love helping people," Cremo said.

Cremo noted it's not the first time he's called upon his first aid training in the event of an emergency, and the result isn't always as happy as it was in Josh's case. He recalled he recently attempted to save an elderly woman from his community who was in cardiac arrest, but, despite his best efforts, she died.

After parting ways that day, Manuel made sure to write down the names of Cremo and his girlfriend, Rolanda Dennis, determined to track them down to thank them again when she was less distraught. Her husband Chris MacDonald then began the process of going through the Cremos listed in the phone directory in the Eskasoni exchange. That ultimately led to the happy reunion at the Sydney River grocery store Monday.

"I can't thank you enough. ... I'll never, ever be able to repay you. You're amazing," Manuel said, in tears. TC MEDIA

PRINCE EDWARD ISLAND

HST up to 15 per cent

Prince Edward Island's Liberal government will boost the harmonized sales tax by one per cent of Oct. 1, and is delaying plans to balance the provincial budget by one year.

Finance Minister Allen Roach unveiled the MacLauchlan government's second budget Tuesday, saying the changes are necessary because of slow economic growth and a need to maintain essential public services.

"Islanders have told us that a balanced budget should not come at the expense of essential public services, such as health care and education. More investments are necessary to sustain these critical services," he said.

THE CANADIAN PRESS

"A balanced budget should not come at the expense of essential public services."

Finance Minister Allen Roach

INFRASTRUCTURE

Dawgfather forced to move



Nicole Gnazdowsky
For Metro | Halifax

The Dawgfather PhD will be looking for a new home for his hot dog cart.

Dawgfather lost his case against Halifax Regional Municipality and will have to move his hot dog cart from its well-known, high-traffic location in front of Dalhousie University student union building to make way for the construction of a new bike lane.

The bike lane was approved in 2014 but construction has not been able to commence

until the case was settled.

A judge of the Nova Scotia Supreme Court dismissed the case on Tuesday, ending the lengthy dispute.

Halifax Cycling Coalition Chair Ben Wedge said in an interview Tuesday he's excited about the differences these protected bike lanes will bring to the city and they way people travel.

"Protected bike lanes are the only way to encourage people to use bike lanes," said Wedge.

A protected bike lane insures there will be a physical barrier between the cyclist and oncoming traffic. The

University Avenue lane will be the second protected bike lane constructed under the Institutional District Bike-way Plan.

"This bicycle lane will make it safer and more convenient for people to choose bicycles as a form of transportation, we hope this will push the city to build bike lanes faster, to make sure everyone has a safe and convenient way to ride a bike," Wedge said.

The coalition recognizes the Dawgfather's popularity with students, and hopes he is able to find a way to continue to operate, they said in a statement released Tuesday.

JAZZ FESTIVAL

Metric coming this summer

Canadian indie-pop favourites Metric are returning to Halifax for a show this summer.

Metric will perform at the Halifax Jazz Festival on July 13 in support of their latest album, Pagans in Vegas, about six years after their last appearance in the city.

Over its 15-year career, Metric has landed multiple Juno awards, released six al-



Metric HANDOUT

bums, collaborated with the

likes of Lou Reed, performed with The Rolling Stones and in front of Queen Elizabeth II.

Tickets for the 19+ show go on sale Friday at 10 a.m. and are \$55 in advance.

They will be available at the etixnow kiosks at the Halifax Forum, Music Nova Scotia office on Gottingen Street, and online at sonicconcerts.com and halifax-jazzfestival.ca. METRO

Nestled off Larry Uteck Boulevard in Halifax

TOWNHOUSES
TOWNHOUSE CONDOMINIUM
SINGLE FAMILY HOMES

Simply Superb
WENTWORTH

PROPERTIESATWENTWORTH.COM
902.496.0916





DRAMA ONE KILLER PRODUCTION Leah Pritchard is Bessie, left, Andrea Norwood is Alice, and Rynne Chisholm is Margaret in Neptune Theatre's production of *The Drowning Girls*. Based on the real-life crimes of British serial killer George Joseph Smith, *The Drowning Girls* opens this week and runs until May 1 at Neptune's Scotiabank studio theatre. JEFF HARPER/METRO

East Coast voices take centre stage

PLAYHOUSE

Eastern Front Theatre unveils new lineup



Nicole Gnazdowsky
For Metro | Halifax

All is not quiet on the Eastern Front.

The theatre company announced their upcoming productions for 2016-17 on Tuesday morning at the Neptune Theatre on Argyle Street.

Eastern Front Theatre produces two shows a year, but Jeremy Webb, artistic producer for EFT, said he foresees this number growing to three in a year or so.

"In 2016-17 we have two strong scripts for you, they

have a few things in common, they're both based on true stories, they're both written and created by Atlantic Canadian writers, they are both Atlantic Canadian stories," said Webb.

The fall production is titled *Tompkinsville*, and is based on the true story of a mining town in Cape Breton that was transformed from a state of despair to independence with the help of a rebel priest.

The show will run at the Neptune Theatre from Nov. 23 to Dec. 3.

The spring show, which will run from April 19 to 30, 2017, is *Chasing Champions*, the true story of a hall of fame boxer,

Jacob Sampson, and his struggles as a fighter at a time when sport and race collided.

"They are both wholly, watchable, charismatic, inspiring pieces of theatre, that's just my opinion, but you'll agree with me when you see them," Webb said.

The announcement also included the array of shows that will be available during the 2017 STAGES Theatre Festival.

The Stages Theatre Festival is a display of a variety of shows at different stages of development through a variety of productions, workshops and play-readings and will take place from June 12 to 25.

"(The plays) are both written and created by Atlantic Canadian writers, they are both Atlantic Canadian stories. Jeremy Webb



Ian Sherwood and Lindsay Kyte preview songs from upcoming production *Tompkinsville*. NICOLE GNAZDOWSKY/FOR METRO

Public Meetings - Explore the Future of our North End Schools



The Halifax Regional School Board is seeking public input as it considers options for five schools in North End Halifax that are part of a school review process currently underway in the Citadel Family of Schools. The schools included are:

- Joseph Howe Elementary
- St. Joseph's-A. McKay Elementary
- St. Stephen's Elementary
- Highland Park Junior High
- Oxford School

A School Options Committee led by representatives from each school community has been formed to engage the public in shaping a vision for the future of these schools that will inform the Board's decision-making process.

The committee is hosting a series of public meetings as follows:

Date and Time	Location	Address
Thursday, April 21, 6:30-9 pm	Highland Park Jr. High, Gymnasium	3479 Robie Street, Halifax
Thursday, May 12, 6:30-9 pm	Highland Park Jr. High, Gymnasium	3479 Robie Street, Halifax
Tuesday, June 7, 6:30-9 pm	Citadel High, Cafeteria	1855 Trollope Street, Halifax

Each meeting will provide an opportunity to learn about the process as well as the mandate of the School Options Committee, and to hear a summary of the committee's efforts to date.

Additional information can be found on the Halifax Regional School Board website at:

<http://www.hrsb.ca/about-hrsb/operations-services/school-review-process>.

Please come and share your thoughts and visions for our North End schools in the decades to come.



Change your life and the lives of others.

Become a Human Services Support Worker!

Train how to assist the disabled by developing their life skills and by teaching them how to care for themselves.

Take our Human Services Support Worker program and finish in less than a year!

Apply now to start in September

Call or Click Today

902-463-6700 maritimebusinesscollege.com



A girl visits a relative's grave in the northern Ontario First Nations reserve in Attawapiskat, Ont., on Tuesday. THE CANADIAN PRESS

Struggles just beginning: PM

MENTAL HEALTH

Scope of issue only beginning to be realized, PM warns

Canada has yet to feel the full effects of mental-health issues gripping people across the country, Prime Minister Justin Trudeau said Tuesday as he pledged support to lower levels of government in combating the problem.

"Whether we're talking about its impact on young people, its impact on work-

places around the country, whether its impact on servicemen and women, we are only beginning to realize the scale, the scope of the problem," Trudeau said as he met members of the Canadian Teachers Federation.

The prime minister said his government would work with the provinces and territories to build the ranks of the counsellors, psychiatrists and psychologists who work with people facing mental-health struggles.

"I wouldn't be my mother's son if I wasn't a strong advocate for mental-health and de-stigmatization of mental health," Trudeau said as he marked his

six-month anniversary since being elected to power.

His mother, Margaret, underwent decades of treatment for bipolar disorder, recounting her personal struggles in her book, *Changing My Mind*.

The prime minister acknowledged there is no easy solution to mental-health problems, particularly in indigenous communities.

But he suggested the recent spate of suicides and attempted suicides by First Nations young people is linked to what he described as generational neglect of indigenous issues by successive past governments.

THE CANADIAN PRESS

WEATHER

Calgary breaks heat record

A 106-year-old Calgary weather record was toppled on Tuesday afternoon as Calgarians fired up their air conditioners and barbecues with an early dose of summer temperatures.

Environment Canada recorded the high Tuesday at 26.9 C around 5 p.m. That topped the previous record set in 1910 by 0.2 degrees.

By 10 a.m. it was over 20 C in parts of Calgary — the normal high for this time of year is 13 C.

BRODIE THOMAS/METRO

BRITISH COLUMBIA

Pregnant women positive for Zika



Thandi Fletcher
Metro | Vancouver

British Columbia health officials say two pregnant women are among seven people in this province who recently tested positive for the Zika virus, which has been linked to birth defects.

Dr. Bonnie Henry, deputy provincial health officer, could not comment on the condition of the pregnant women for privacy reasons,

except to say they are being closely monitored.

"We're watching them carefully," Henry told Metro. "It's quite distressing, of course, because we just don't have all the answers yet about the Zika virus and about what might happen."

Dr. Julie van Schalkwyk, head of obstetrics and gynecology at B.C. Women's Hospital who is a specialist for pregnant women with infectious diseases, said neither woman has shown any signs of complications due to the virus.

DISCOVER CHEVROLET

DRIVE AWAY WITHOUT PAYING ON CARS AND CROSSOVERS

\$0

FIRST MONTH'S PAYMENT

\$0

DOWN PAYMENT

\$0

DUE AT DELIVERY

\$0

SECURITY DEPOSIT

ON LEASE PURCHASES

2016 CRUZE LIMITED LT AIR/AUTO

\$49* FOR 24 MONTHS WEEKLY

\$0

DOWN PAYMENT

FIRST 2 BI-WEEKLY PAYMENTS ON US

LEASE \$98 BI-WEEKLY (INCLUDES \$500 GM VISA APP BONUS)



CRUZE LTZ SHOWN

Includes Automatic Transmission, Air Conditioning, Power Express Windows, Keyless Remote Locks w/ Autostart, Cruise Control, Tilt & Telescopic Steering, Rear Vision Camera, MyLink Infotainment w/ 7" Touchscreen, Bluetooth Connectivity, OnStar 4G LTE with Wi-Fi, plus much much more...



CHEVROLET COMPLETE CARE:

2

YEARS/48,000 KM COMPLIMENTARY OIL CHANGES*

5

YEARS/160,000 KM ROADSIDE ASSISTANCE*

5

YEARS/160,000 KM POWERTRAIN WARRANTY*

CHEVROLET



CHEVROLET | BUICK
GMC | CADILLAC

2477 ROBIE STREET
902-422-8551 | OREGANSONROBIE.COM

*Lease options are 20,000 km per year. Payment offers on approved credit only. Visit O'Regan's on Robie for complete details.

IN BRIEF

Five accused of forming terror group in Germany

Five people were arrested in Germany on Tuesday on suspicion of founding a right-wing terror group called the "Freital Group" to attack refugee homes and other facilities.

THE ASSOCIATED PRESS

Destroyed by Daesh, Syria's Palmyra arch is recreated in London

A 2,000-year-old triumphal arch destroyed by Daesh in Syria has risen again — in replica — in London's Trafalgar Square.

The Arch of Triumph in Palmyra formed part of one of the world's most extensive ancient archaeological sites. The ancient city, a UNESCO world heritage site, was among Syria's main tourist attractions before the civil war erupted in 2011.

THE ASSOCIATED PRESS



Replica of The Arch of Triumph
THE ASSOCIATED PRESS

U.S. ELECTION

Trump cruises past Cruz for N.Y. victory

Donald Trump triumphed with ease Tuesday in the Republican primary in New York, rebounding from a tough stretch that had strained his path to the Republican nomination and highlighted weaknesses in his campaign. Among Democrats, Hillary Clinton and Bernie Sanders were in a close race as polls closed.

The margin of Trump's victory in his home state and the number of delegates he secures will determine the real impact of his win. If he captures more than 50 per cent of the vote, he will be in a strong position to win most of New York's 95 delegates, an impressive haul that will keep him on a narrow path to the nomination.

Trump leads the Republican race with 756 delegates, ahead of Texas Sen. Ted Cruz with 559 and Kasich with 144. Securing the Republican nomination requires 1,237.

Clinton has 1,758 delegates to Sanders' 1,076. Those totals include both pledged delegates

from primaries and caucuses and superdelegates, the party insiders who can back the candidate of their choice regardless of how their state votes. It takes 2,383 to win the Democratic nomination.

Trump's closest rival, Cruz, downplayed the billionaire businessman's win as little more than "a politician winning his home state." Cruz left New York before the polls closed, turning his attention to Pennsylvania, where he delivered a speech calling on Americans to join together to move the country forward.

"Let us unite on the things that have always made us great," Cruz said.

The Democratic contest between Clinton and Sanders marked a potential turning point in their surprisingly competitive race. Clinton has maintained a solid lead in the delegate count throughout much of the primary season, and a win in New York would strengthen her claim to the Democratic nomination. THE ASSOCIATED PRESS

95

Number of Republican delegates in New York State.



These images show child inmates lined up for morning assembly and more children being unloaded from a truck at the Brothers Home in Busan, South Korea. YONHAP VIA THE ASSOCIATED PRESS

Coverup of mass abuse of 'vagrants'

SOUTH KOREA

Kids, disabled and homeless forcibly detained in '70s and '80s

Three decades ago, a policeman tortured Choi Seung-woo over a piece of bread he found in the boy's schoolbag.

After being stripped and having a cigarette lighter repeatedly sparked near his genitals, the 14-year-old falsely confessed to stealing the bread. Two men with clubs came and dragged him off to the Brothers Home, a mountainside institution where some of the worst human-rights atrocities in modern South Korean history took place.

Even now, Choi weeps as he speaks of what happened there.

A guard in Choi's dormitory raped him that night in 1982, and the next, and the next. So began five hellish years of slave labour and near-daily assaults.

Choi was one of thousands — the homeless, the drunk, the unlucky, but mostly children and the disabled — who were

forced into facilities for so-called vagrants in the 1970s and '80s. The roundup came as the ruling dictators prepared to bid for and host the 1988 Seoul Olympics, which they saw as international validation of South Korea's arrival as a modern country. So they ordered police and local officials to "purify" the streets.

Today, nobody has been held accountable for the hundreds of deaths, rapes and beatings on the grounds of Brothers, the largest of dozens of facilities for those considered undesirable, according to an Associated Press investigation. The AP found that abuse at Brothers, previously almost unknown, was much more vicious and widespread than had been realized.

Secrecy around Brothers persists because of a coverup at the highest levels. Two early attempts to investigate were suppressed by senior officials who went on to thrive in high-profile jobs; one remains a senior adviser to the current ruling party. The few former inmates speaking out want a new investigation. The government is blocking an opposition law-

+ LABOUR

Nearly 4,000 people were at Brothers Home. Once an orphanage, Brothers at its peak had more than 20 factories behind its well-guarded walls in the southern port city of Busan, churning out goods made by inmates.

maker's push to revisit the case, contending that the evidence is too old.

The official silence means that even as South Korea prepares for its second Olympics, in 2018, thousands of traumatized former inmates have still received no compensation, let alone public recognition or an apology.

Police officers, assisted by shop owners, rounded up children, panhandlers, small-time street merchants, the disabled and dissidents. They ended up as prisoners at 36 nationwide facilities and numbered 16,000 by 1986, according to government documents. THE ASSOCIATED PRESS

Win a FREE Heat Pump

Enter to win a **FREE** 12,000 BTU Fujitsu Heat Pump installed!



To Enter Visit:
www.WinAHeatPump.ca

Brought to you by:

SUNSHINE **FUJITSU**

Must be a resident of IHRM to enter. Visit www.WinAHeatPump.ca for full contest details.

Here comes the bride with a bundle of cash

MONEY

Revealed: the generous gifting habits of Canadians

Canadians spend an average of \$166 a month on gifts, excluding Christmas and other holidays, according to the results of a survey conducted by a popular online shopping site.

"I was surprised by how much Canadians are spending," said Sari Friedman, director of marketing for Ebates.ca. "Once you start adding that up, you're talking about a big chunk of change for the year."

In all, 82 per cent of survey respondents reported buying an average of two gifts a month.

After Christmas, spending on gifts by Canadians begins ramping up again about three weeks before Mother's Day, said Friedman. The increased spending continues throughout the summer in part because more people are married in the summer, creating a greater number of gifting occasions, including wedding showers and anniversaries.

To stay on track financially, Friedman recommends making a list of upcoming gift occasions and budgeting and shopping in advance where possible, to take advantage of sales.

She also recommends interacting with brands on social media, like Facebook, to keep track of special offers.

"It's really about shopping

It's really about shopping smart for gifts and really being prepared. Sari Friedman

smart for gifts, and really being prepared," said Friedman.

More than a third of survey respondents — 36 per cent — said they give better gifts than they get. Re-gifting is common, with 20 per cent admitting to re-gifting birthday gifts and 14 per cent re-gifting hostess gifts.

Re-gifting is lowest when it comes to

Father's Day and Mother's Day gifts.

Respondents said they prefer cash over other gifts at a wedding, and said they tend to spend the most on birthday and anniversary gifts for their partner, Friedman said.

"They're also cited as being the hardest gifts to shop for. I think that's because there is so much emotion behind it. You care about getting them a really great gift that they are going to love. Sometimes it takes longer to find the perfect thing," said Friedman.

TORSTAR NEWS SERVICE



82 per cent of survey respondents reported buying an average of two gifts a month. istock

MORE SURVEY FINDINGS

1 Average spending on birthday and anniversary gifts: \$101 per gift

2 Wedding gifts: \$146 per person, with 36 per cent of respondents preferring to receive cash and 32 per cent citing store-bought gifts as their preference. Ten per cent would prefer gift certificates and 18 per cent had no preference.

3 Respondents expect to spend \$63 on each parent

on Mother's Day and Father's Day this year.

4 Men spend 30 per cent more on gifts for Mother's Day than women. Men spend an average of \$71, while women spend an average of \$54 on their moms.

5 Women (86 per cent) are likely to be more generous with the number of gifts they buy, while men spend more across all categories by about 25 per cent.

SOURCE: EBATES CANADA

DAIRY

Pea-based milk looking to make a splash



Irene Kuan
Metro | Toronto

Plant and nut-based milk is nothing new, as consumers, both lactose intolerant and not, are increasingly finding non-dairy alternatives for that morning bowl of cereal.

According to the latest data from Nielsen, almond milk saw a surge in sales in 2015, while cow's milk sales contracted — and the trend isn't bucking, with cashew and coconut milks seeing an uptick in popularity as well.

Now, another non-dairy prod-

uct is about to make a splash in the milk market.

The pea-based milk by California-based Ripple Foods, created by Adam Lowry, the cofounder of Method Soap, is claiming to be the next big thing in dairy alternatives and will even solve the issue of unsustainability and the carbon footprint created by producing cow and almond milks.

The vegan, organic and gluten-free milk is produced using yellow pea protein and contains sunflower oil, cane sugar, algal oil and a host of vitamins and minerals. The company boasts its plant-based milk contains more calcium, potassium and



Ripple Foods claims the pea-based milk will be the next big thing in dairy alternatives. INSTAGRAM

protein than cow's milk, as well as less sugar.

If taste is of your concern, Lowry was well aware that a milk made of peas that tastes like peas may turn people off, but says Ripple's formula tastes more similar to cow's milk than its competitors.

Ripple also says their pea-based milk only takes half a gallon of water per glass to make, compared to cow's milk, which takes 1,000 gallons, while almond milk takes 20 gallons of water per glass to produce.

Ripple will make its debut in May at Whole Foods supermarkets in the U.S.

MADE FOR [PEOPLE LIKE YOU]
— SALES EVENT —
25 WEEKLY RENTALS STARTING FROM \$179/week

0% + \$4,000
FINANCING
24 MONTH TERM
OFFER ENDS MAY 2

"Having a car I can rely on is the most important thing"
— Vanessa W. Couric, OK, Food Network

2016 FORTE SEDAN LX MT
WELL-EQUIPPED FROM \$9,995* INCLUDES \$5,000* IN CASH DISCOUNTS
INCLUDES \$500 COMPETITIVE BONUS**
AVAILABLE FEATURES: HEATED FRONT & REAR SEATS, REARVIEW CAMERA

"Every time I walk up to the car I simply just smile."
— Kevin T. Bedford NS, Real Kia Owner

2016 SOUL LX MT
LEASE FROM \$49* + \$9 weekly to include AC + Automatic transmission. taxes & fees included
AVAILABLE FEATURES: HEATED FRONT SEATS, PANORAMIC SUNROOF

KIA
The Power to Surprise

BEST MANAGED COMPANIES
FOR 2015

OREGAN'S
DRIVING HIGH STANDARDS

KIA HALIFAX DARTMOUTH

5
STARS

HALIFAX | 3330 KEMPT ROAD | 902-453-3477
DARTMOUTH | 402 WINDMILL ROAD | 902-466-9550
OREGANSKIA.COM

*Offer valid until May 2. See dealer for complete details. Models may not be exactly as shown. All offers are subject to change without notice, and may not include other taxes, registration, insurance and licensing fees. Finance payments must be made on a monthly or bi-weekly basis out of pocket or made on a weekly basis. Weekly lease payments are for advertising purposes only. The Kia Soul received the lowest number of problems per 100 vehicles among compact multi-purpose vehicles in the proprietary J.D. Power 2015 U.S. Initial Quality Study™. Study based on responses from 84,047 U.S. new-vehicle owners, measuring 244 models and measures opinions over 90 days of ownership. Proprietary study results are based on experience and perceptions of U.S. owners surveyed from February to May 2015. Your experience may vary. Visit jdpower.com. Government 5-Star Safety Ratings are part of the National Highway Traffic Safety Administration's (NHTSA) New Car Assessment Program (www.safercar.gov).



ROSEMARY WESTWOOD **ON BLACK LIVES MATTER**

HIDDEN IN PLAIN SIGHT

Canadian chapters of Black Lives Matter have, through recent protest actions, achieved substantive victories, but have so far failed to attract the kind of broad mainstream media attention given to the U.S. movement, in cities like Ferguson and Baltimore. **Are we unwilling to face homegrown racism?**

In late March, before spring had sprung, Black Lives Matter protesters camped for two weeks in icy, wet weather outside Toronto Police Headquarters.

Not that you likely heard much about it. If you live outside Toronto, you probably had no clue. Torontonians might have heard some details, but coverage wasn't exactly overwhelming. It certainly wasn't national news.

Which is odd. Dozens of black-rights protesters occupied 24/7 the entrance to the largest municipal police force in this country — in sub-zero weather. They held speeches and cookouts and pressed forward a manifesto and demands. They were spurred by the police shooting of a black man, Andrew Loku, who was unarmed save for a hammer and whose death was investigated in relative secrecy.

It sounds a lot like the ingredients of a Black Lives Matters protest in the U.S., and maybe if it was, you might have heard about it.

Especially, you would think, after Toronto protesters got results: There will be a coroner's inquest into Loku's death; Toronto City Hall has unanimously supported a provincial review of the Special Investigations Unit, which investigates police misconduct; Premier Kathleen Wynne and her cabinet have agreed to work with protestors to "implement meaningful change."

But I asked friends across the country, and almost none — not even those who work in media — knew about the movement. In the age of Black Lives Matter in the U.S., arguably one of the defining

Canadians appear to care more about anti-black racism in the U.S. — and take it more seriously — than in our own country.



Left: Pascale Diverlus gestures at a Black Lives Matter rally in Toronto in March. Right: A sign hangs in front of the protest site, in front of Toronto Police Headquarters. STEVE RUSSELL/TORSTAR NEWS SERVICE; VINCE TALOTTA/TORSTAR NEWS SERVICE



voices of our time, the big question is: why?

Maybe the Toronto-headquartered national media were simply afraid of Toronto-centrism (we always are). But I also think Canadians appear to care more about anti-black racism in the U.S. — and take it more seriously — than in our own country.

It's a phenomenon Anthony Morgan, a civil rights lawyer in Toronto, has dubbed "Canadian racial exceptionalism." In a column written last summer, he described how we consider ourselves both too polite and nice to be racist, and too polite and nice to talk about it. That means, when someone protests anti-black racism, the common reaction is confusion, or irritation, or perhaps a shrug.

"We in Canada grow comfortable by scapegoating the United States and their narrative, and saying, 'Well, at least it's not as bad,'" Morgan told me. Having avoided the depth and scope of American

Jim Crow, we imagine ourselves innocent.

Canadians consider this a post-racial country, agreed Rodney Diverlus, a co-founder of Black Lives Matter TO. "What that means is we've missed out on the opportunity to have national conversations about anti-black racism while it's still happening here," he said.

Of course, some people outside Toronto did hear about the protest, and they set up solidarity movements in Ottawa, Montreal and Vancouver. One of the seven young women organizers in Vancouver, Holly Bishu, said that if you want to know about racism in this country, just ask someone of colour; you'll hear that "it's not post-racial at all."

"I've experienced so many things growing up here that I didn't even realize were so harmful until I got old enough to be like, 'Oh my goodness, let me examine these,' and it was a lot of anti-blackness," she said.

Some specifics, should you need them: Black Canadians were the fastest growing population of federal inmates in a 2016 report, despite being only about three per cent of the population. They're three times more likely to be carded by police than whites in Toronto and are overrepresented among kids in care. Last month, the United Nations criticized Canada's record on child welfare, health, education and unemployment when it comes to its black citizens.

Meanwhile, a Forum Research poll of Torontonians, released last week, found only half of Torontonians agreed there is systemic racism in the city.

It took about a week for Toronto's mainstream media coverage of the protest to really pick up. Reporters were keen to cover a police clash with protesters, a contentious tweet from an organizer, and the movement's protest outside the house of Ontario Premier Kathleen

Wynne. Diverlus, who was tasked with media relations, said interest was largely confined to stories about tension between the protest and other groups, with the systemic-racism angle getting short shrift. Some stories, for example, didn't mention Andrew Loku's name at all.

For someone writing about this, right now, you'd think I would have known better. You'd think I would have at least gone to the protest. Or

written about it sooner. I did not.

I'm not an example of what should be done, but I am a curious participant. I finally sensed, by the end of the second week of the protest, that I had missed something fairly big, and fairly obvious. Morgan calls this the need for reconciliation, between the Canada we think we are, and the Canada we really are. Which is to say: One that needs to wake up.

metr 
Your essential daily news

CHIEF OPERATING OFFICER, PRINT
Sandy MacLeod

VICE PRESIDENT & EDITOR
Cathrin Bradbury

EXECUTIVE VICE PRESIDENT, REGIONAL SALES
Steve Shroot

MANAGING EDITOR HALIFAX
Philip Croucher

ADVERTISER INQUIRIES
adinfohalifax@metronews.ca
General phone 902-444-4444

FREE TO SHARE 

PHILOSOPHER CAT
by Jason Logan

ATTENTION IS AN IMPORTANT RESOURCE

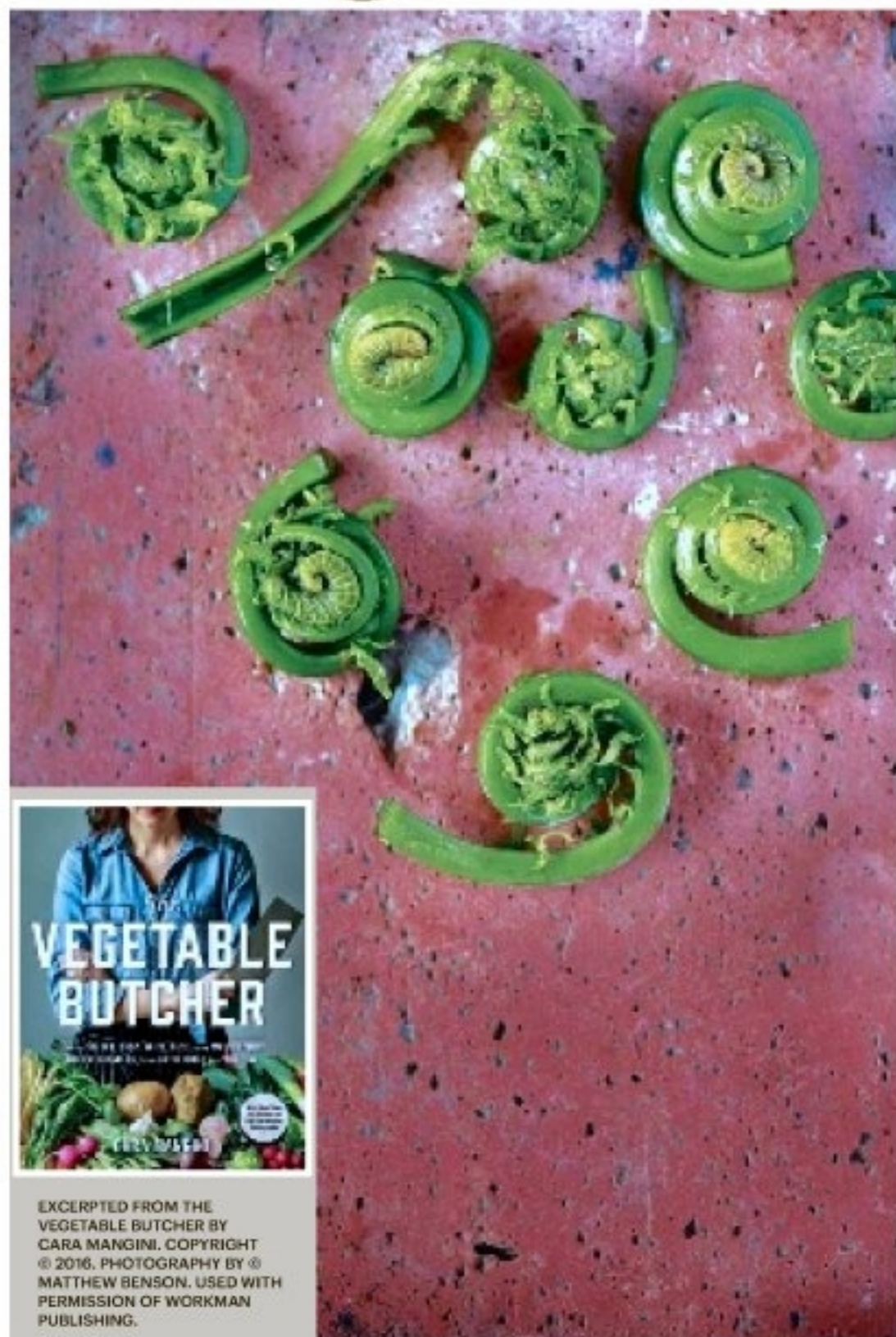


Philosopher cat now at
www.mymetrostore.ca



BOOK EXCERPT THE VEGETABLE BUTCHER

A light and in-season snack



RECIPE

Celebrate spring's arrival with fiddleheads

To Clean and Prep Fiddleheads:

1. Immerse fiddlehead ferns in a bowl of cool water and use your fingers to rub off the brown papery scales that cover the coils.
2. Gently unfurl the fern, if needed, to remove any scales stuck between the coils. Rinse the ferns under cold water in a colander and drain them.
3. Immerse the fiddleheads again in a bowl of cool water if needed, agitating them to release any remaining film. Rinse them again and drain.
4. Wrap the ferns in a clean, dry dish towel.
5. Gently shake the bundle back and forth to remove any remaining scales.
6. Trim the woody stem ends of the fiddleheads with a paring knife.

Orange-Shallot Fiddlehead Ferns and Ricotta Crostini

Makes 14 to 16 crostini

Whisk together 3 tablespoons freshly squeezed orange juice, ½ teaspoon freshly grated orange zest, 2 tablespoons white wine vinegar or champagne vinegar, 2 teaspoons pure maple syrup, 2 teaspoons minced shallots, ½ teaspoon salt, and ¼ teaspoon freshly

ground black pepper in a medium-size bowl. Slowly stream in 4 tablespoons extra-virgin olive oil, whisking to combine. Add 1 teaspoon finely chopped fresh chives and ½ pound fiddlehead ferns, cleaned, trimmed, boiled until just tender, shocked in an ice bath, and drained, and toss to coat.

Divide ¾ cup whole-milk ricotta cheese among 14 to 16 small crostini, spreading it on each. Lift 2 to 3 of the fiddlehead ferns from the bowl with a slotted spoon and place on top of each crostini. Lightly drizzle with some of the vinaigrette and top with a pinch of chopped chives.

PREP

To boil fiddleheads

This is a necessary step to eliminate any bitterness in the ferns. Once they are boiled, you can use them as is or toss them into a sauté, risotto, or pasta (add at the last minute). Drop the fiddleheads in a large pot of salted boiling water and cook until they are bright green and just tender, 3 to 5 minutes depending on size and thickness. Lift them with a spider and transfer them to an ice-water bath to cool. Drain them well and transfer them to a dish towel to dry.



metro

THE HANDY POCKET VERSION!

Get the news as it happens

Download the Metro News App today at metronews.ca/metro

THE TOP 6@6

LAST NIGHT ON 101.3 THE BOUNCE:

- 6 Drake ft. Wizkid and Kyla One Dance
- 5 Meghan Trainor No
- 4 R.13 Gold
- 3 Justin Bieber Company
- 2 Fifth Harmony ft. Ty Dolla Sign Work From Home
- 1 Zara Larsson ft. MNEK Never Forget You

Win a trip to see **JUSTIN BIEBER** in Montreal

LISTEN ALL THE WEEK TO QUALIFY

1013THEBOUNCE.com @1013thebounce

EastCoastGuitarFest

Presents:

J.P. CORMIER

VALDY

Advanced Tickets **\$31.95**

Live & In Concert!

THURSDAY, MAY 12/16, SPATZ THEATRE, HALIFAX NS

TICKETS AVAILABLE AT [WWW.GUITARFEST.CA](http://www.guitarfest.ca)

f t

A whimsical look at the mundane

Japanese artist Tatsuya Tanaka has been creating tiny scenes each day for almost five years, using everything from broccoli, to sushi rolls and sponges. Tanaka takes a picture of each display to create a Miniature Calendar gallery online. "Broccoli and parsley might sometimes look like a forest, or the tree leaves floating on the surface of the water might sometimes look like little boats," he writes. "Everyone must have had similar thoughts at least once."

TORSTAR NEWS SERVICE; ALL PHOTOS COURTESY OF TATSUYA TANAKA

DEEP AND DELICIOUS

A dessert makes for a handy "Cave" in this scene from Nov 21, 2014.



VEGGIES WITH A VIEW

This July, 11, 2015, scene validates thoughts broccoli looks like trees.



BEST SERVED COLD

A new definition for ice cold beer comes in this Sept. 12, 2015 shot.



SCALING MT. SLICE

Two tiny alpinists tackle a sandwich peak on Feb. 11, 2016.



POP, POP AND AWAY

We have "Lift off" on February 29, 2016.



DON'T BAIL ON BEEF

Go "Sirloin surfing" on March 15, 2016.



JOHANNA SCHNELLER
WHAT I'M WATCHING

Female agent brings humanity to drama



Olivia Colman plays Angela Burr on *The Night Manager*. AMC

THE SHOW: *The Night Manager*, Season 1, Episode 4 (AMC)
THE MOMENT: The sports day speech

British intelligence agent Angela Burr (the magnificent Olivia Colman) and her younger colleague Grace (Simona Brown) are working late, tracking Richard Roper (Hugh Laurie), an arms trafficker. "Shouldn't you go home?" Grace asks.

"My husband knows why I do this," Angela replies. "He knows about the school sports day."

Calmly, simply, Angela tells Grace the story: In Baghdad in 2003, two shells fell on a school playing field. One was mustard gas, which burnt the hands and faces of the children. (Here Angela begins to cry, but she carries on.) The other was sarin gas, which destroyed their lungs. Roper, who was there, began selling sarin after that.

"Roper saw what I saw, and he thought, 'Business,'" Angela concludes. "So Mr. Burr knows I have to be here."

Whoa. This miniseries, based on John LeCarre's novel, spends the bulk of its time with posh, blue-eyed men — Roper, his faithful henchman Corky (Tom Hollander); and his nemesis Jonathan, a newly recruited spy (Tom Hiddleston). They're forever jetting from Mallorca to Egypt, eyeballing one another coolly, and saying things like, "I think one is becoming a tad deranged." It's intelligent, amoral and deeply unsettling.

So the counterweight Angela provides is crucial. In the novel, her character was a man. To switch it to a woman, and to cast Colman, was genius. She's every bit as intelligent and fierce as her foes, but we need her heart and humanity to remind us that Roper's mansions and islands, his yachts and champagnes, come at an unfathomable cost.

Johanna Schneller is a media connoisseur who zeroes in on pop-culture moments. She appears Monday through Thursday.

RECIPE

Try this new twist on a traditional slaw

Do you love all kinds of coleslaw, or just "slaw" as many people call it? Do you even like the sometimes mediocre, very creamy slaw served in those little paper cups alongside a sandwich at the deli or diner?

Maybe you like to change up the notion of slaw, too, from the traditional all-American mayo-based types to this version, which is based on the salads we get when we go to Japanese restaurants. Maybe you crave that gingery-miso dressing tossed with shredded crunchy vegetables.

Kohlrabi is a great place to start. It is a member of the cruciferous vegetable family. They are about the size of an orange, with a bunch of stems sticking out and a thick skin that can range from pale green to purple-

ish. The leaves, stems and root are all edible, and the smaller ones tend to be more tender and flavourful.

In taste and texture it brings to mind peeled broccoli stems.

Peel it very thoroughly (you may need a sharp knife for this, as the skin is quite tough) and slice, julienne or grate it into your salad for a great crunch and a fresh but slightly spicy flavour. It also can be cooked: steamed, sautéed, roasted or fried, but I more often than not use it raw for its appealing mild flavour and pronounced crispness.

If you can't find kohlrabi, any number of other veggies can be substituted. Consider a blend of jicama and celeriac (both trimmed and grated or cut into matchsticks), or turnip also would be great.

Carrot, Cabbage and Kohlrabi Slaw with Miso Dressing

Start to finish: 15 minutes

Servings: 6

Ingredients

- 1 tablespoon grated fresh ginger
- 1 shallot, chopped
- 2 tablespoons yellow or white miso
- 2 tablespoons vegetable or canola oil
- 2 tablespoons rice vinegar
- 1 tablespoon soy sauce
- 1 teaspoon toasted sesame oil
- 2 cups finely shredded green or red cabbage
- 6 large carrots, peeled and shredded or cut into very thin

matchsticks

- 1 kohlrabi, jicama or celeriac (or a combination) peeled and shredded or cut into very thin matchsticks
- Toasted sesame seeds to garnish (optional)

Directions

1. In a small bowl, whisk together the ginger, shallot, miso, oil, vinegar, soy sauce and sesame oil.
2. In a large serving bowl, combine the cabbage, carrots and kohlrabi.
3. Drizzle about three-quarters of the dressing over the slaw, then toss well. Taste and adjust with additional dressing as desired.

THE ASSOCIATED PRESS



Kohlrabi brings a great crunch and slightly spicy flavour to this slaw. THE ASSOCIATED PRESS

HOT
COUNTRY
103.5
FM

HOT TICKET

SEE & MEET

KEITH URBAN

IN TORONTO

LISTEN WEEKDAYS
7:10, 11:10, 4:10 & 6:10
FOR YOUR SHOT AT WINNING!

HOT
COUNTRY
103.5
FM

**50
MINUTES**

NON STOP MUSIC
EVERY HOUR...EVERYDAY!

HOT COUNTRY MORNINGS
WITH **CHRIS & DANA**
AFTERNOONS
WITH **CRUISE**

FINALLY YOU HAVE A CHOICE...MAKE THE SWITCH TODAY!

Half coupe, half hatchback, all fun



REVIEW

Unique details add up to one distinctive ride

Mike Goetz
For Metro Canada



The Hyundai Veloster debuted back in 2011. So five years of me looking and pondering its unique exterior style and shape, which marries sport coupe and hatchback themes, and I still can't decide whether I like it or not.

Some days it seems fresh and menacing. Other days it seems too thick and chunky, especially in profile.

But for 2016, Hyundai sought fit to introduce a new Rally Edition, featuring a stunning blue matte paint job, trick wheels, (faux) carbon fibre detailing around the grille, and a slightly lower stance (with commensurate suspension tuning), and it tipped the scales for me. I am now fully 51 per cent in favour of Veloster's distinctive appearance.

It seems like the Rally Edition was created to give people another way to access the two main drawing cards of the Veloster's charismatic turbo model — the 201-horsepower turbo motor and the aggressive grounds-effect package looks. Both pieces dramatically alter the Veloster's personality for the better. A Veloster without them, like the base model, is a Veloster with less purpose in life.

Rally Edition and Turbo are ac-

tually equally priced at \$27,199. Turbo gives you navigation and a panoramic sunroof. Rally Edition has neither, but makes up for it with all the Rally Edition visual and suspension tweaks, and a specific Rally Edition interior. That interior is edgy and full of contrasts, with some metal-like surfaces and seat inserts rendered in the same shade as the exterior. Very cool and inviting.

All Rally Edition models, like our tester, are fitted with a six-speed manual transmission hooked up to a "B&M Racing Sport Shifter." As advertised, shift throws are short, but also direct and with good mechanical heft.

The steering also has the necessary heft and feel to make cornering a satisfying experience.

The tire and suspension tweaks have definitely upgraded the handling. But those aggressive 18-inch wheels and tires make this Veloster a bit stiff for everyday driving.

And while 201 horsepower is an awfully good number for a 1.6-litre turbo, and you will enjoy its thump, it doesn't make the vehicle jump, as say something like the 197-horsepower Ford Fiesta ST. The Hyundai doesn't handle as well as the Ford either. But that's not to say it isn't fun.

Like all Velosters, Rally Edition features a third door on the passenger side, so your rear seat passengers can get in without yoga — and it's surprisingly roomy back there for a small coupe.

Overall, the Veloster Rally Edition is distinctive and fun, with many fine details, to keep you engaged and contented on city commutes, and on romps you take for the sheer joy of it.

THE CHECKLIST | 2016 HYUNDAI VELOSTER

THE BASICS

- **Type.** Three-door, four-passenger, FWD, compact sports coupe/hatchback
- **Power.** 138-hp 1.6-litre I4, 201-hp 1.6-litre turbo I4
- **Transmission.** Six-speed manual, Six-speed automatic, Seven-speed automatic
- **Price.** Base \$18,599 (plus destination)

COOL FEATURES

- Rally Edition's RAYS wheels are five pounds lighter (each) than regular wheels.
- Turbo models available with new seven-speed "dual clutch" automatic with paddle shifters.



VELOSTER PHOTOS MIKE GOETZ/FOR METRO; OTHERS HANDOUT

POINTS

- "Third door" is a small one, and on the passenger side.
- Base "non turbo" engine not very sporty.
- New limited-edition Rally Edition for 2016 only available in a special Matte Blue paint.

MARKET POSITION

- Satisfying sporty coupe for those that don't need the full-on extreme sports experience.
- Targeted at a younger crowd, but mature crowd seems to like them too.

THE COMPETITION



Ford Fiesta ST
Base price: \$25,649



Honda CR-Z
Base price: \$26,290



Scion tC
Base price: \$22,385

DREAM CARS

Aston Martin takes it to the extreme

British luxury sportscar maker Aston Martin has taken the wraps off the Vantage GT8, a limited-edition version of its standard Vantage that the company claims is as close to a road-going racing car as the law allows.

Just 150 examples are being built, and the first deliveries won't start until the end of the year. But those with the money and the patience will get a GT car infused with a host of features and systems developed through Aston Martin's endurance racing programme.

The Vantage GT8 is 100 kilograms lighter and its 4.7-litre naturally aspirated V8 has been tuned to deliver 440bhp and that power can be sent to the rear wheels via a proper manual gearbox, if the owner so desires. Otherwise, there's a paddle-shift automatic transmission in the options list.

Director of Special Projects and Motorsport, David King said: "We long held the desire to create a road car that truly reflects our racing activity at Le Mans. With the Vantage GT8, we've finally been able

to achieve that."

Though based on the standard two-seat GT car, no one will be in any doubt that the GT8 is something special. Festooned with carbon fiber aerodynamic aids, it has an extended front splitter, fixed rear wing and protruding sills finished in a choice of luminous contrasting colours.

But that's just the start, depending on how often a potential owner intends to take the car to the track. Glass interior switches can be swapped for plastic, the roof can be specified in car-

bon fiber and the side and rear windows swapped for polycarbonate to save even more weight and therefore unleash even more performance.

"Road cars are our business, but racing is the beating heart of Aston Martin," said company CEO Dr Andy Palmer.

"Beautifully engineered and set-up to be equally at home on a fabulous road or a demanding race track, the Vantage GT8 is a driver's car in the truest sense of the word." AFP



The Aston Martin Vantage GT8 (right) and the car that inspired it, the Aston Martin V8 Vantage GTE race car.

ASTON MARTIN LAGONDA LTD



THE POWER OF ZERO
SALES EVENT


UP TO 84 MONTHS ON SELECT MODELS + **TOTAL DISCOUNTS UP TO \$10,350[€]** + **ADDITIONAL \$500 BONUS CASH[†]** ON SELECT MODELS
 ON NOW UNTIL MAY 2. HURRY IN!



Starting From Price for 2016 Ram 1500 Sport with Performance Hood shown: \$40,390.

2016 RAM 1500 QUAD CAB SXT 4X4

\$295 @ 2.99%
MONTHLY* FOR 24 MONTHS WITH \$958
DOWN/\$500 SECURITY DEPOSIT

ANY MAKE, ANY MODEL
EASE PULL \$1,500
 AD CASH
 DON'T LEASE? GET \$1,500 PULL AMOUNT CASH ON ANY MAKE, ANY MODEL

OR
CHOOSE

0%

AND
GET

LIMITED TIME
\$500
BONUS CASH
OFFER!

2016 JEEP CHEROKEE SPORT FWD – BEST-IN-CLASS CAPABILITY*

\$268 @ **1.49%**
MONTHLY*
LEASE FOR
FOR 48 MONTHS WITH \$1,298
DOWN/\$500 SECURITY DEPOSIT

OR
CHOOSE



**LEASING*
FOR 24 MONTHS
OR FINANCING*
FOR 84 MONTHS
ON MOST MODELS**



Starting From Price for 2016 Jeep Cherokee Limited shown: \$32,835



Starting From Price for 2016 Dodge Grand Caravan Crew shown: \$29,895.

2016 DODGE GRAND CARAVAN CANADA VALUE PACKAGE
CANADA'S BEST-SELLING MINIVAN FOR MORE THAN 31 YEARS

LEASE FOR

\$238 @ 2.99%

MONTHLY* FOR 36 MONTHS WITH \$1,298

- STEP UP TO

**THE 2016 ULTIMATE FAMILY PACKAGE
AND GET \$10,850 IN TOTAL DISCOUNTS**
When Financed

OR
CHOOSE

!

LIMITED TIME
\$500
BONUS CASH
OFFER!

2016 DODGE JOURNEY CANADA VALUE PACKAGE
CANADA'S FAVOURITE CROSSOVER^

LEASE FOR

\$248 @ 3.49%

MONTHLY** FOR 48 MONTHS WITH \$998

STEP UP TO

**THE 2016 ULTIMATE FAMILY PACKAGE
AND GET \$6,200 IN TOTAL DISCOUNTS***

OR
CHOOSE

AND
GET

LIMITED TIME
\$500
BONUS CASH
OFFER



Starting From Price for 2016 Dodge Journey Crossroad shown: \$30,395

REBUILDING YOUR CREDIT? SPECIAL RATES AS LOW AS 4.99% OAC™
chryslercanada.ca/offers

FCA
AT CHRYSLER AUTOMOBILI

CANADA'S #1-SELLING AUTOMAKER*

**Jeep.**

BMW i3 hatchback: Calm amid chaos

VOLKSWAGEN

Budd-e will see production

Volkswagen's Budd-E Microbus-related concept will be in showrooms, likely within five years, a VW official has told British magazine, Car. Volkmar Tannenberger, head of electronic development said a car that "looks a lot like this (will) reach production. I can't say exactly when, but by 2020 or thereabouts." The company has made no secret about wanting to put the Budd-e concept's new Modular Electric platform to wide use.



HONDA

Odyssey minivan goes hybrid, in Japan

Fiat Chrysler Automobiles' newly unveiled Chrysler Pacifica Hybrid minivan won't be the world's first when it goes on sale late this year. A new Honda Odyssey Hybrid minivan went on sale in Japan in early February, using the same Intelligent Multi-Mode Drive (i-MMD) system as in the Accord Hybrid. The Japan-market Odyssey varies significantly from, and is smaller than the model sold in North America, and there's "no chance" it will be sold here, according to alternative-vehicle webmag, Green Car Reports. But, "if nothing else, a minivan with the two-motor hybrid system would be a good rival" for the Pacifica.



THE GREEN ANGLE

Metro's weekly picks for the latest in environmental news



i3

Best seller represents 'revolution'

The most energy efficient car sold in the United States for the third consecutive year represents "something of a revolution" for the whole auto industry. The 2016 BMW i3 hatchback has advanced technology in spades, a body structure made of carbon-fibre-reinforced plastic and a fully electric powertrain that can be ordered with an optional two-cylinder range-extending gasoline engine, reports auto info website, The Car Connection. Meant to provide quiet, all-electric transport for those living in congested urban centres, the BMW i3 "is absolutely the most calming, soothing vehicle we've driven in truly chaotic rush-hour traffic."

CHICAGO AUTO SHOW

Niro brings new chassis

Kia focused on its "Green Car Roadmap" at the recent Chicago Auto Show, displaying hybrid and plug-in vehicles, including its much-anticipated production version of the 2017 Niro compact tall wagon. Based on an all-new eco-car platform that the automaker plans to use as its electrified vehicle base going forward, Kia says its goal is to use the platform to triple its electrified lineup by 2020. The Niro's equally all-new gasoline-electric hybrid powertrain showcases the direction Kia is taking with electrification. The new platform is engineered to offer lighter weight and greater strength.



+ POWER

French roads to be covered in solar cells

France will "pave" about 995 kilometres of roads with solar cells over the next five years to produce enough power for about five million peoples' homes, about eight per cent of its population. Ecology and energy minister Ségolène Royal said funding has already been set aside and panel testing begins this spring.



The Warriors said nothing of concern came up in Stephen Curry's MRI on his ankle, but he remains questionable for Game 3 vs. the Rockets



The centre of attention

RAPTORSGAME 3 PREVIEW

Valanciunas causing Pacers fits through two games

Jonas Valanciunas is celebrating a dunk, his arms flexed, muscles bulging, eyes wild, mouth open in a primal scream. He looks like a Spartan warrior from the movie 300.

The image tells the story of Game 2, of how the 23-year-old Lithuanian carried the Toronto Raptors to a desperately needed victory over the Indiana Pacers.

Two days after early foul trouble "limited" him to 12 points and 19 rebounds, Valanciunas exploded for 23 points and 15 boards Monday, prompting Pacers star Paul George to say, "He's been huge. Literally. He's the one that's causing us problems right now."

Heading into Tuesday's playoff action, Valanciunas was the league leader in rebounds, and his solid performances

marked the first time he'd grabbed 15-plus rebounds in back-to-back games in his career.

The Raptors drafted the little-known Valanciunas fifth overall in 2011, but then kept him in Lithuania for another year to mature. It also normally takes big men longer to adapt to the NBA, and in the moments after the biggest game of his career, Dwane Casey — the only NBA head coach Valanciunas has ever played for — grinned like a proud father.

"Everybody wanted that kid to be a superstar when he first got here. He wasn't ready. But again, nobody comes to this league and sets it on fire," Casey said. "He's grown, he's developed, he's worked his butt off. I'm really proud of him. It makes me feel good to see him develop like that, play the game. It makes him feel good to not be worried about Valanciunas, about his own security, about his team's history of post-season defeat, about all the winds that have blown around this team to get to this playoff place."

"He's not a finished product," Casey added. "He's going to get better. Sky's the limit for that young man."

Valanciunas has done extra work with different coaches in



Raptors centre Jonas Valanciunas throws down two of his 23 points on Monday in Toronto. He added 15 rebounds. STEVE RUSSELL/TORSTAR NEWS SERVICE

past off-seasons. He spent time two summers ago working on his running with coach Jim Radcliffe at the University of Oregon. He's also worked at length with Seattle SuperSonics legend Jack

Sikma on his face-up game.

"I just want to win, and I'm doing everything to win the game," Valanciunas said. "I don't judge myself by: I'm playing good, I'm playing bad. The last play is the last play, you've gotta go there and do your job, you've got to give everything."

As the Raptors met at Biosteel Centre on Tuesday, part of the message was to get Valanciunas ready for the next game. The Pacers will look to make adjustments for Thursday's Game 3 in Indianapolis. They'll be gun-

ning to throw Valanciunas off his game.

"That's one thing we talked to JV about understanding: now they're going to come after you and get the ball out of your hands and you've got to make plays for everybody else to get easy buckets," DeMar DeRozan said. "That's what it's all about, every game is completely different, they're going to adjust to whoever's hot, whoever's got it going and that's where we pick and choose our spots to take advantage of it."

THE CANADIAN PRESS

NBA PLAYOFFS

LeBron avoiding war of words with Pistons coach
LeBron James has enough to handle with the young and brash Pistons. He isn't about to fight their coach, too.

James refused to fire back at loquacious Detroit coach Stan Van Gundy, who was fined \$25,000 by the NBA on Monday for criticizing officials during Cleveland's Game 1 win over the Pistons. Upset with two non-calls in the first quarter, Van Gundy took advantage of a TV interview to present his case to the public that James gets preferential treatment from referees.

"LeBron is LeBron," Van Gundy told ABC. "They're not going to call offensive fouls on him. He gets to do what he wants."

THE ASSOCIATED PRESS

Nowitzki questionable for next game with knee injury
Add star Dirk Nowitzki to the long injury list for Dallas in the playoffs.

Coach Rick Carlisle said Tuesday that Nowitzki bruised his right knee when he fell early in the Mavericks' 85-84 Game 2 win over Oklahoma City in a first-round playoff series that is tied 1-1.

Nowitzki joins a list of players who might miss Game 3 on Thursday, including starting guards Deron Williams (sports hernia) and J.J. Barea (right groin strain) and backup forward David Lee (right heel). THE ASSOCIATED PRESS



GETTY IMAGES

That's the beauty of the depth we have on this team, guys step up whether it's scoring or on the defensive end, or whatever it may be.

DeMar DeRozan on Jonas Valanciunas shouldering a large load for the Raptors



90s to now

Yup.
The music's better now.

'THANKS FOR THE CHEESE'

UFC headliner McGregor tweets retirement

Conor McGregor has packed a punch on social media rather than inside a UFC cage.

One of the UFC's top draws, McGregor created a stir Tuesday when he tweeted that retirement was on the horizon.

The 27-year-old McGregor tweeted, "I have decided to retire young. Thanks for the cheese. Catch ya's later."

But is it truly exit octagon cage left for the Irish star?

McGregor is scheduled for a rematch against Nate Diaz in the main event of UFC 200 on July 9.

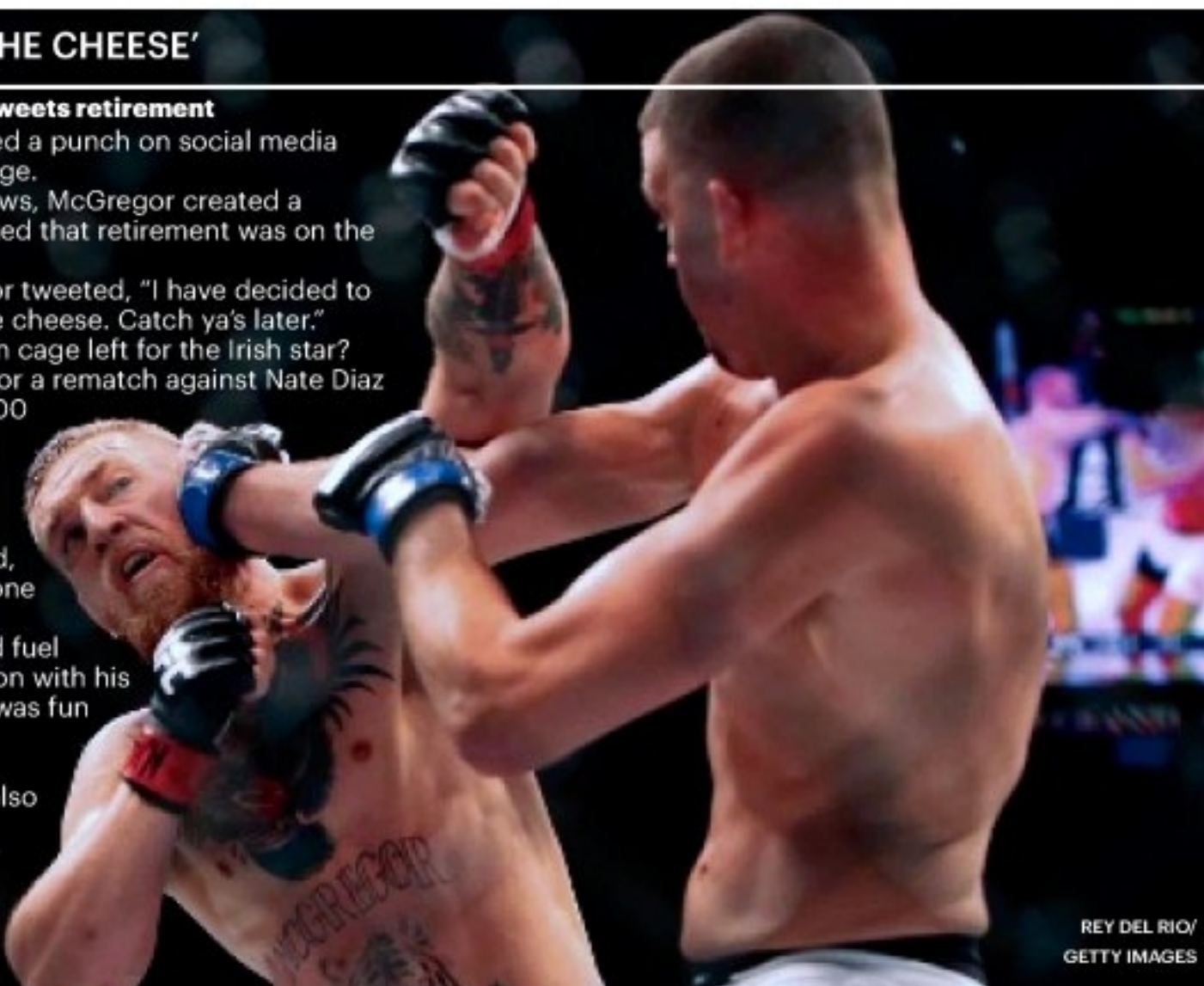
Diaz playfully replied to the tweet with his own "retirement" announcement. He tweeted, "I guess my work here is done I'm retiring too."

McGregor's coach added fuel to the retirement speculation with his own tweet that said, "Well was fun while it lasted."

Other UFC fighters later joked on Twitter that they also would retire.

UFC did not immediately respond to a request for a comment.

THE ASSOCIATED PRESS



REY DEL RIO/
GETTY IMAGES

No pouring cold water on red-hot goaltender

NHL PLAYOFFS

Capitals expect to have Holtby as they try for sweep

Braden Holtby and the Washington Capitals plan to keep rolling along against the Flyers despite an injury scare in practice.

Holtby, the goaltender who has stopped 91 of Philadelphia's 93 shots through three games of the first-round playoff series, left practice Tuesday with an apparent left leg injury after a collision with a teammate. Coach Barry Trotz said he expects Holtby to play in Game 4 on Wednesday as Washington goes for the sweep.

"Basically just got nicked up a little bit, went off and we'll see where he is," Trotz said. "But I don't anticipate Braden not playing."

Holtby was not made available to reporters after practice but walked through the locker-room without a noticeable limp. Trotz said he didn't see a need to call up a third goaltender, implying Holtby would start with Philipp Grubauer backing him up.

The Capitals don't know which Flyers goalie they will face after starter Steve Mason allowed six goals on 27 shots in a 6-1 loss in Game 3 Monday that featured angry fans throwing light-up wristbands onto the ice. Former Washington



Braden Holtby is expected to play in Wednesday night's Game 4 in Philadelphia. ROB CARR/GETTY IMAGES

POST-SEASON NOTES

Forward Bellemare banned for hit from behind

Flyers forward Pierre-Edouard Bellemare has been suspended one game for checking Washington Capitals defenceman Dmitry Orlov from behind.

Flyer fans chastised by team

The Philadelphia Flyers want to keep wrist shots on the ice and not from fans in the stands.

goalie Michal Neuvirth could get the nod if Philadelphia makes a change.

"If I get the call I'm going to be ready and I'll try to enjoy it and help my teammates," Neuvirth said.

Washington will be forced to make one lineup change with

The Flyers on Tuesday condemned disgruntled fans who threw promotional light-up bracelets and trashed the ice during Monday night's game.

Seguin unlikely for Game 4

The Dallas Stars will likely be without standout centre Tyler Seguin again in Game 4 of their first-round playoff series against the Minnesota Wild.

defenceman Brooks Orpik out because of an upper-body injury. Orpik took a big hit from Ryan White in Game 3 and didn't return, an injury that will force more minutes for the top three of John Carlson, Karl Alzner and Matt Niskanen.

"Anytime you lose a guy like

Brooks Orpik, with his experience, he's been through the grind before, it's tough," said Taylor Chorney, one of two options to step into the lineup along with veteran Mike Weber. "But at the same time, we've kind of been through it this year. He spent some time where he was hurt earlier in the year, and we had guys step up."

Based on the Capitals' domination in the series, it matters little who the sixth defenceman is. Washington is 8 for 17 on the power play, while Philadelphia is 0 for 13 and also hasn't managed to get much done 5-on-5.

"The special teams, obviously it's on paper. You can see it," Flyers forward Jakub Voracek said. "That's what's made a difference in this series."

The Capitals have a 3-0 series lead for the first time in franchise history, and Trotz has never been in this spot, either. More of the same seems to be the plan.

"I don't think we need to change anything than what we've been doing, and that's playing hard and consistent," Alzner said. "In a game like this, when it's do-or-die for your teammates, it's just playing smart and playing hard because you know they're going to throw everything at you."

THE ASSOCIATED PRESS

Go to metronews.ca for coverage of Tuesday's playoff action.

PREMIER LEAGUE

Aguero's fast 100th only ends in a draw

Newcastle continued to show some late determination to avoid relegation from the top tier, drawing 1-1 with Manchester City on Tuesday after Sergio Aguero became the second fastest player to score 100 English Premier League goals.

City was seeking to strengthen its grip on third place and Champions League qualification. It moved a point ahead of Arsenal, and five ahead of Man United, with both teams having a game in hand.



Sergio Aguero
GETTY IMAGES

Newcastle will take the most encouragement from its rousing recovery at St. James' Park, despite remaining 19th and two points from safety.

It was Aguero's 147th league match. Alan Shearer is the fastest player to score 100 EPL goals, managing that feat in 124 matches.

THE ASSOCIATED PRESS

MLB

Brewers Scoot their way to win

The Milwaukee Brewers had just given away a lead in the eighth inning and entered the ninth a little rattled as another game started slipping away.

If a positive early season trend has developed for this struggling franchise, it has been the ability to bounce back late in a game.

Scooter Gennett hit a tie-breaking single in the ninth inning and the Brewers beat

Minnesota 6-5 Tuesday, ending the Twins' four-game winning streak.

Moments after the Brewers gave up a three-run lead in the eighth, Yadiel Rivera led off the ninth with a double against Kevin Jepsen (0-3) and got to third on an error by centre fielder Byron Buxton. Gennett followed with his second hit of the game to help the Brewers snap a three-game skid. THE ASSOCIATED PRESS



The Brewers' Scooter Gennett slides safely past John Ryan Murphy on Tuesday in Minneapolis. HANNAH FOSLIEN/GETTY IMAGES

IN BRIEF

'Toon duo off to perfect start

Canada remained unbeaten at the world mixed doubles curling championship on Tuesday by clobbering Serbia 14-0 in Karlstad, Sweden.

The Saskatoon duo of Dustin Kalthoff and Marliese Kasner improved to 4-0 with the win over Dara Gravara Stojanovic and Filip Stojanovic.

Canada scored five points in the first end and the game was called after six. Kasner threw at an 88 per cent clip, just ahead of Kalthoff at 83.

THE CANADIAN PRESS

Bayern get controversial win to reach German final

Bayern Munich needed a disputed penalty to secure a 2-0 win over Werder Bremen and reach its 21st German Cup final on Tuesday.

Thomas Muller scored both goals in the semifinal, the second coming from a 71st-minute contested penalty. Substitute Arturo Vidal fell after a careless challenge by Janek Sternberg but video replays appeared to show that the Chile midfielder had taken a dive. THE ASSOCIATED PRESS

AUCTION

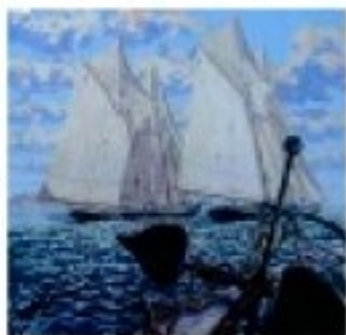
ESTATE AUCTION

Saturday, April 23rd

Dartmouth Sportsplex, 110 Wyse Rd.
at the MacDonald Bridge

Doors Open: 8:30am | Box Lots & Misc: 9:15am | Main Sale: 10am

Including a South End Estate, items from a Senator's Estate & works of art from the studio of Mr. Al Chaddock, Lorenzen mushrooms & pottery, antique & vintage furniture, works of art - Jack Gray (3), Dusan Kadlec (3), Arthur Lloyd (4), Kelsey Raymond (2), John O'Brien, Vicki MacLean, Christopher Gorey, Gordon Roache, Jeannie Hancock & a large format print of Halifax c. 1840, sterling silver, jewellery, Inuit carvings, stereo equipment, Sherlock Manning piano, Kazuo Yairi guitar, crystal, glass, etc.



Photos online at www.crowther-brayley.com

Crowther & Brayley Ltd.
Auctioneers & Appraisers

902-423-3226 email: office@crowther-brayley.com

APARTMENTS

NEWLY RENOVATED UNITS

1, 2 & 3 BR units

Located on Churchill Crt & Roleika Dr. Dartmouth

**Close to Schools, Buses
and All Amenities!**

1 Bedroom now \$575

2 Bedroom now \$620

2 Bedroom + Den now \$809

3 Bedroom now \$809

**Call today 902-462-3544
or 902 830-4851**

PineRentals@gmail.com

Spring into
happy

1 Month Free Rent!*

Find an apartment at universalgroup.ca
or call us to view today 902-425-8877

*Some conditions apply. Call for details.

UNIVERSAL
REALTY GROUP

Building Excellence that's locally-owned.

MASSAGE THERAPY

John Panter,
Certified Rolfer™



Are you
**tired of
chronic
pain...?**

902 425 2612 • fareast@auracom.com

MOVERS

ABLE MOVERS

- Free In Home Quote
- Insured Professional Service

**Call today for your
free estimate!**

471-9733

Give it to
a friend
at no
extra cost.

metro

FINANCIAL



credit700.ca

\$750 Loan and more

No credit check

Open 7 days from 8 to 8 (EST)

Call us or apply online

1-855-527-4368

www.credit700.ca

HOME HEATING

**Heat Pumps
from \$33/mth**

Nova Scotia Power
On Bill Financing



Heat Pump Guys



902-444-7870

Halifax | Dartmouth
Sackville | HRM

realstar

Ask about our rental incentives



STONECREST VILLAGE
80 Chipstone Close, Halifax

*Park-like setting close to
Bayer's Lake Park*

2 BR, 2 BR Large & 3 BR

- 5 Appliances**
- Private Balcony
- In-suite Storage
- 24/7 Deluxe Laundry
- Community Room
- Modern Fitness Facility with Yoga Area
- Cat & Dog Friendly on Select Floors
- In-Suite Laundry**
- 24/7 On-site Staff
- New Blinds
- Underground Parking**

902-701-0021

2% Senior, Military & Capital Health Employee Discounts Available

Follow us [f](#) [t](#) [in](#) [p](#)



SPRING GARDEN APTS
5770 Spring Gdn Rd., Halifax

*Steps to Public Gardens & the
shops on Spring Garden Rd.*

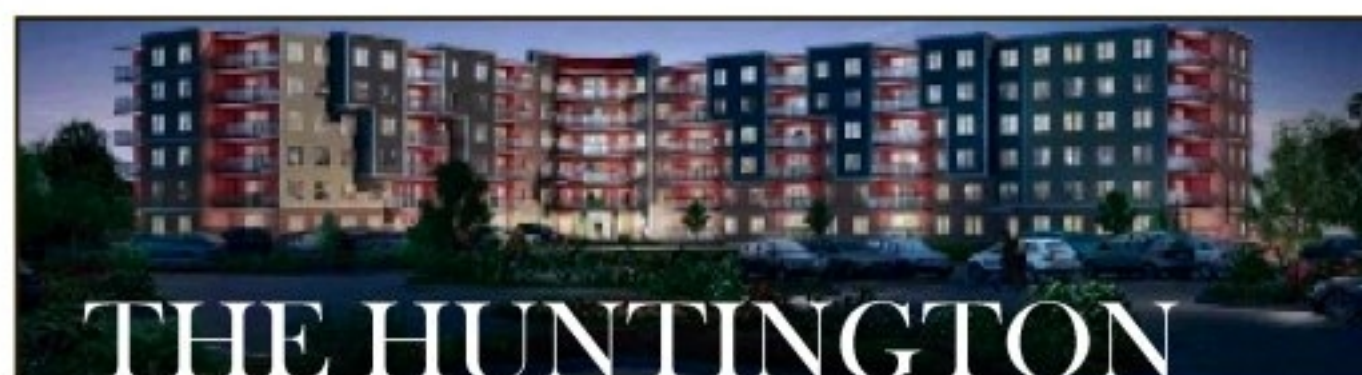
Bachelor, 1 BR & 2 BR

- Indoor Pool, Sauna & Fitness Facility
- Underground Parking
- Community Room
- 24/7 Laundry Facilities
- Cat & Dog Friendly
- Newly Renovated Suites
- New Blinds
- In-suite Storage
- Utilities Included
- 24/7 On-site Staff

902-442-5404

**In Selected Suites.
Starting prices, availability and incentives are
subject to change without notice. E. & O. E.

For more information visit: www.realstar.ca



58 Holtwood Court, Dartmouth (off Baker Dr.)

PREMIUM AMENITIES

- Spacious 2 Bedroom & 2 Bedroom plus Den Suites from 995 to 2,170 sq. ft.
- Six Full Size Appliances (Incl. Self Cleaning Oven)
- Large Balconies
- Granite Countertops
- Guest Suite
- Fitness Room
- Cat & Small Dog Friendly
- Deluxe Residents Lounge
- Rooftop Terrace
- Underground Parking
- Indoor Car Wash Bay

**NOW
RENTING**

6 Floors of
Breathtaking
Views and
the Latest
in Luxury!

CENTURION
PROPERTY ASSOCIATES INC.

Tel: 1-888-236-7767
Email: rentals@cpliving.com

For those without a Metro, the
forecast calls for "I dunno" with
a slight chance of "Huhhh?"

metro

RECIPE Chicken and Butternut Squash Risotto



PHOTO: MAYA VISNTE

Ceri Marsh & Laura Keogh
For Metro Canada

While spring continues to play its game of here today gone tomorrow, it's good to have a couple of comfort recipes up your sleeve.

Ready in

Prep time: 10 mins
Cook time: 30 mins

Ingredients

- 2 tablespoons olive oil
- 1 onion, finely chopped
- 2 chicken breasts, sliced into bite-size pieces
- 2 cups risotto
- 2 1/2 cups cubed butternut squash
- 6 cups chicken broth
- 4 sage leaves, chopped
- 1 cup of fresh, shaved parmesan cheese

Directions

1. Place oil in a large pot over

medium heat and add onion and chicken. Cook until chicken is lightly browned on all sides and onion is translucent.

2. Add the rice to pan and keep stirring as it gently begins to fry. It should turn translucent after about a minute. Add sage leaves, squash and 1 cup of chicken stock and allow it to simmer while you continue stirring. As stock is absorbed, add another cup. Stir. Stir. Continue adding stock until it has all been absorbed, while constantly stirring.

3. Taste the rice to be certain it is cooked. You can add warm water if you need a bit more liquid.

4. Take the pot off the heat and mix in Parmesan cheese. Cover and allow to sit for 2 minutes. Serve immediately.

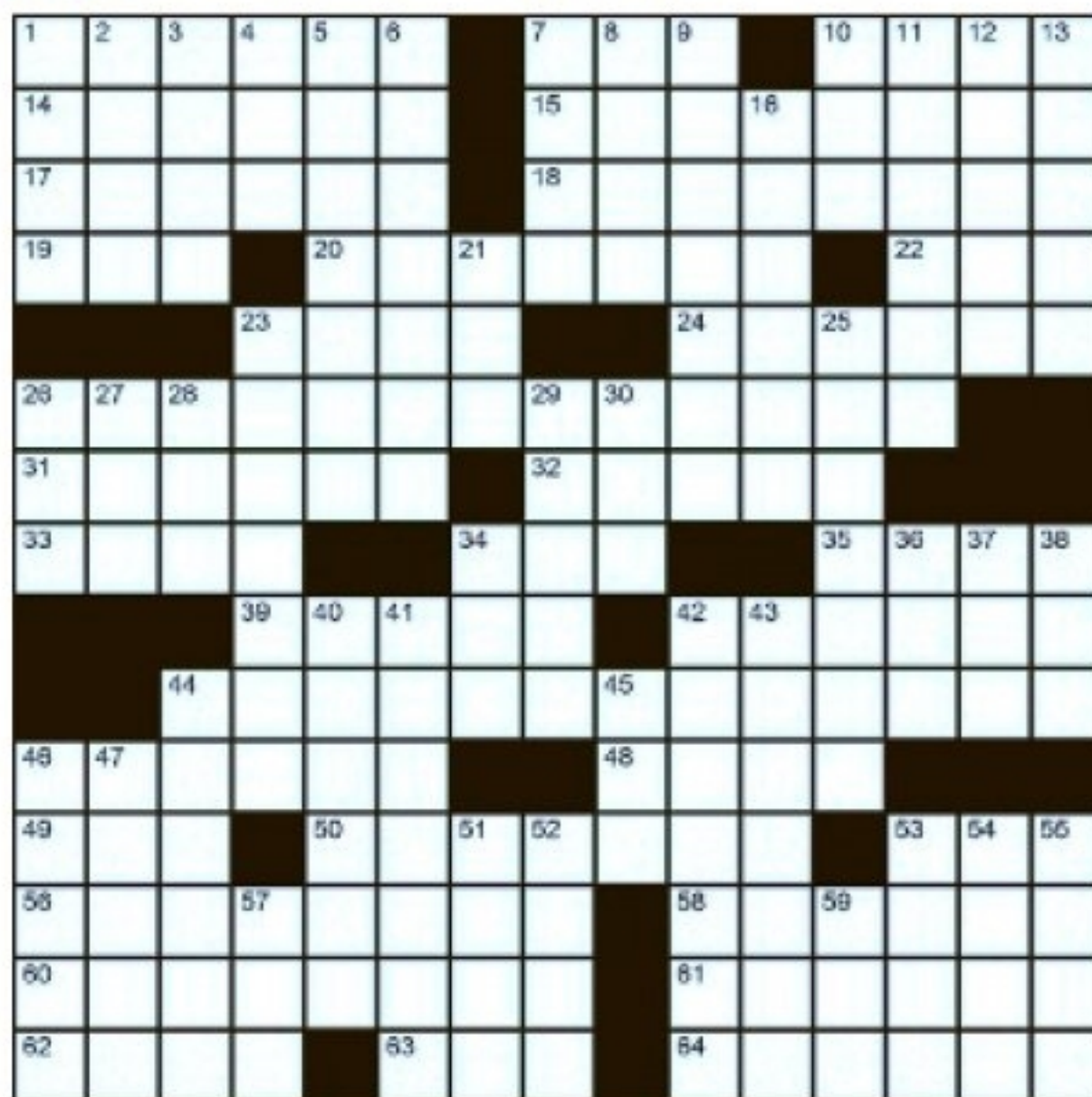
FOR MORE MEAL IDEAS, VISIT
SWEETPOTATOCHRONICLES.COM

CROSSWORD Canada Across and Down

BY KELLY ANN BUCHANAN

ACROSS

1. Tranquil
7. U-571, e.g.
10. "Yes, _!"
14. Change the building's front or the doors on the kitchen cupboards
15. The correct way
17. Brief bit of a minute: 2 wds.
18. Someone from Charlottetown's province
19. Fido's father?
20. Vulture's meal
22. Marion _ (Pioneering female aviator of Canada, b.1918 - d.1995)
23. Heal
24. Fireplace section
26. Works at solving techie problems
31. Prefix to 'scopic' (Like the 3D photography technique)
32. Art gallery crime
33. Chipper
34. Archery wood
35. Dutch cheese
39. Sailor's status: 2 wds.
42. Sushi condiment
44. Toronto rapper Drake's new album due next week: 3 wds. + number
46. 19th-century English writer Emily
48. Politicians' votes
49. Former mil. General's abbr.
50. Most embar-



53. Shakespear-ean suffix
56. Job for comedian Lily Tomlin's Ernestine character
58. Hors d' _ (Appetizer)
60. _ lamp (Rustic light source)

61. Sculptures/paintings attraction
62. Additional
63. NYC's 'N'
64. Clears

DOWN

1. Theatrical accessory
2. Ms. Horne
3. " _ Good Men" (1992)
4. ' _ ' in Cornwall
5. One-of-some in the drink to make it cold: 2 wds.

6. Vancouver-born actress Yvonne of '60s comedy "The Munsters": 2 wds.
7. Cleanser brand, _ and Span
8. Mr. Major the Space Bear
9. Historic theatre in Russia

10. Fellows
11. Zeals [var. sp.]
12. _ Bay, British Columbia
13. Frankincense's festive friend
16. Promenades
21. Riddle-me- _
23. Drape
25. Substantiates
26. Baking meas.
27. Pathway, for short
28. "The Star-Spangled Banner" contraction
29. Bundle
30. Shape, axe-style
34. "Of course."
36. "Lah-di- _!"
37. Pres. Lincoln
38. British spy agency (NOTE: Answer has a number in it)
40. Bright fishies in aquariums
41. _ the deal (Add incentives)
42. So so sad
43. Non-professional athlete
44. Ballot check-mark-makers
45. Deli loaf
46. In need of money
47. Fight off the flies
51. Cooked
52. Mr. Lachey (Nick's younger brother)
53. All Hallows, and others
54. Honest
55. Skirt lines
57. Pre-fish fish
59. G7 member

★ IT'S ALL IN THE STARS Your daily horoscope by Francis Drake

Aries March 21 - April 20
Your focus will turn to money, cash flow and earnings for the next four weeks. Value your moneymaking ideas, because they will be good.

Taurus April 21 - May 21
For the next four weeks, the Sun is in your sign, recharging your batteries for the rest of the year. You will attract good circumstances and people to you. Make the most of this!

Gemini May 22 - June 21
Use the next month to think about what you want your new year (birthday to birthday) to be all about. You have a month to make plans for this.

Cancer June 22 - July 23
You can expect a popular month ahead because of the shift of the Sun. Enjoy schmoozing with others. Join classes, clubs, groups and associations.

Leo July 24 - Aug. 23
The Sun will be at the top of your chart, acting like a flattering spotlight on you for the next month. Make hay while the Sun shines!

Virgo Aug. 24 - Sept. 23
Grab every chance to travel or expand your world in the next four weeks. If you can't travel, be a tourist in your own city. Study something new!

Libra Sept. 24 - Oct. 23
The shift of the Sun ushers in a month ahead where you will focus on inheritances and shared property. It's time for you to clear up loose ends and reduce your debt.

Scorpio Oct. 24 - Nov. 22
Because the Sun will be opposite your sign for the next four weeks, you will need more rest than usual. Acknowledge and respect your need for sleep.

Sagittarius Nov. 23 - Dec. 21
Do what you can to get better organized in the next four weeks. You want to feel that you're on top of your game and that things are running smoothly.

Capricorn Dec. 22 - Jan. 20
Slip away on a vacation in the next four weeks, because you want to party and relax. Pack a bag and leave town! Fun and pleasure are the names of the game.

Aquarius Jan. 21 - Feb. 19
Home, family and your private life will be increasingly important in the next four weeks. An interaction with a parent could be significant.

Pisces Feb. 20 - March 20
The pace of your days will accelerate in the next four weeks, with short trips, errands and increased conversations with everyone. How exciting, you've got things to do!

CONCEPTIS SUDOKU by Dave Green

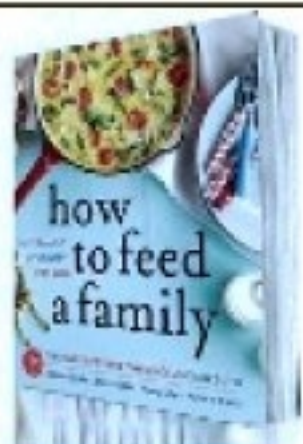
Every row, column and box contains 1-9



©2014 Conceptis Puzzles, Dist. by King Features Syndicate, Inc.

As Seen In Metro!
Shop **The Sweet Potato Chronicles** Cookbook

mymetrostore.ca
shop your city



YESTERDAY'S ANSWERS

Your daily crossword and Sudoku answers from the play page.

for more fun and games go to
metronews.ca/games



9	8	5	2	1	3	4	6	7
4	3	7	9	6	8	5	2	1
1	6	2	7	4	5	9	8	3
6	9	4	5	2	7	1	3	8
2	5	3	8	9	1	7	4	6
8	7	1	6	3	4	2	5	9
3	1	8	4	5	9	6	7	2
7	4	6	1	8	2	3	9	5
5	2	9	3	7	6	8	1	4

ONLY AT O'REGAN'S DARTMOUTH HYUNDAI

ENDS
APRIL
30TH

LIMITED SUPPLY!
NO RAIN CHECKS

DEALER INVOICE PRICING

2016 ACCENT

WAS \$13,899 NOW **\$8,999**

SAVE
\$4,900

4DR

5DR

YOU PICK

BUY FROM
\$25^{*}/WK

OR

upgrade

AUTOMATIC
WITH A/C, REMOTE
STARTER

FOR
\$35^{*}/WK



SAVE
\$4,500

2016 ELANTRA LE-R

WAS \$18,799 NOW **\$14,299**

OR
BUY FROM
\$39^{*}/WK

OR

upgrade

2016 ELANTRA GL

SAVE
OVER
\$5,000

BLUETOOTH,
HEATED SEATS,
CRUISE

FOR
\$42^{*}/WK

OR

upgrade

even more

2016 ELANTRA GLS

ALLOY WHEELS,
SUNROOF, FOG
LIGHTS

FOR
\$49^{*}/WK



FREE
WINTER TIRES

OR

BONUS

7 YEAR
WARRANTY
120,000 KM
COMPREHENSIVE LIMITED WARRANTY*

ON ANY 2016
ELANTRA PURCHASE

CANADA'S
BEST
MANAGED
COMPANIES
Platinum member

O'REGAN'S
DRIVING HIGHER STANDARDS

DARTMOUTH
HYUNDAI

60 BAKER DRIVE, UNIT - D
465-7500
oreganshyundaидartmouth.com

*See dealership for more details. vehicle not actually as shown, limited availability. Tax and fees not included in payment or price. Offer subject to change without notice. Your choice of bonus warranty or free winter tires with oregans financing.